

**\*\* RESULTS \*\***

**REDDING, OCTOBER 5 – NORTHERN CAL PREVIEW MEET:**

**Men's 4 Mile** (118 finishers) – 4. Steve Youngblood/Cuesta 20:46 .. 22. Garron Knox/Cuesta (SLOHS, SLDC) 21:23.

**Women's 5K** (84 finishers) – 26. Mattie Lindsey/Cuesta (Templeton HS, SLDC) 20:31 .. 40. Kirsten Purcell/Cuesta 21:45.

**FRESNO, OCTOBER 6 – CLOVIS CROSS COUNTRY INVITATIONAL (at Woodward Park)**

<b>Race #10 - Boys Varsity</b>		7. Aidan Stamford	17:34	132. Catrina Sada	22:28
15. Duncan Speirs	16:36	23. Quinn Brussel	18:36	137. Ellie Treichler	22:31
20. Alex Southern	16:43	26. Dylan Reiss	18:43		
28. Matthew Scurria	16:49	27. Nicholas Bircher	18:44		
56. Jack Kaiser	17:07			<b>Girls Frosh/Soph</b>	
129. Justin Hatcher	18:00			10. Shaylee Grimm	19:59
178. Bryan Arnold	18:42	<b>Race #8 - Girls Varsity</b>		17. Grace Rubio	20:20
		25. Emma Manderino	19:59	37. Julia Bloom	21:02
		37. Samantha Simard	20:16	72. Coco Steel	21:59
		38. Alexi Steinmaus	20:16	87. April Engelmeier	22:15
<b>Boys Frosh/Soph</b>		61. Thea Ragsdale	21:03		
2. Garrett Beutel	17:16	72. Julia Voss	21:20		
3. Luke Holland	17:23				

- / Finishedresults.com / -

**LOS OLIVOS, OCTOBER 6 – BACK ON THE RANCH ULTRAS (43 participants):**

These were timed runs over a loop of 1.17 miles, directed by Luis Escobar. Results from <https://livensr.com/botr18/> -

**12 Hours** – Rudy Uribe 45.63 Miles .. Melissa Danehey 45.63 Miles.

**Six Hours** – Thomas Reiss 39.78 Miles .. Jadd Martinez 39.78 Miles.

**CUYAMACA, OCTOBER 6 - CUYAMACA 100K:** 115. Erik Dube/SLO 15:16:36 .. 129. Brent Vanderhoof/SLDC 15:57:20.

**SAN JOSE, OCTOBER 7 – ROCK & ROLL HALF MARATHON:**

244. Matthew Shuck 1:35:15 .. 829. Bill Schackart (3<sup>rd</sup>-65/69) 1:50:32 .. 1669. Patsy Schackart 2:51:39. . . From Bill – “Patsy and I ran the Rock & Roll Half Marathon up in San Jose. Last year there were 8,000 runners in the half marathon but this year there were only 5400, about a 30% smaller field. We also noticed that the Expo at the convention center was about half the size it has been in previous years. It was almost perfect weather for the race and very well organized with lots of spectators lining the streets. There were fast times in the men's elite field as the winner ran 1:03:35, a 4:50/mile pace! There was also a 5K & 10K and full results are at <https://www.runrocknroll.com/en/events/san-jose/the-races/results>.”

**COOL, OCTOBER 7 – HEART OF COOL TRAIL RACES:**

**5K** (125 finishers) – 44. Ralph Wright 42:09.

**Half Marathon** (86 finishers) – 49. Laurel Posey 2:52:18.

**MADISON, WISCONSIN, OCTOBER 13 – WISCONSIN INVITATIONAL/N.C.A.A. PRE-NATIONALS:**

**Men's 8K** (Section #1) – 29. Christian Ricketts/Southern Utah (ex-Arroyo Grande HS) 24:28. \*\* 242 finishers \*\*

**Men's 8K** (Section #2) – 71. Jacob Bilvado/Air Force 24:52 (2016 & 2017 winner of Stride with the Tide) .. 154. Edgar Bonilla/San Jose State 25:38 (winner of the 2014 & 2015 Stride with the Tide). \*\* 232 finishers \*\*

**Women's 6K** (Section #2) - 61. Miranda Daschian/Cal Poly (ex-Atascadero HS/Cuesta College) 21:24 .. 185. Annie Meeder/Cal Poly (ex-Paso Robles HS) 22:42. \*\* 239 finishers \*\* - / [www.directathletics.com](http://www.directathletics.com) / -

**RIVERSIDE, OCTOBER 13 – HIGHLANDER INVITATIONAL:**

**Men's 8K** (250 runners) – 5. William Ernst/Cal Baptist (SLOHS, SLDC) 24:42. **Teams:** 1. Cal Baptist 51 points.

**Women's 5K** (251 finishers) – 17. Alyssa Block/Cal State Fullerton 17:40 (2016 & 2017 winner of Stride with the Tide).

**SAN MARCOS, OCTOBER 13 – COUGAR CHALLENGE:**

**Women's 6K** (54 runners) – 2. Malea Martin/Claremont-Mudd-Scripps (SLOHS, SLDC) 21:56. **Teams:** 1. C-M-S 15 points.

**SANTA CLARA, OCTOBER 13 – BRONCO INVITATIONAL:**

**Men's Invitational 8K** (176 finishers) – 46. Sean McDermott/Cal Poly (Cuesta College) 24:44 .. 76. Zach Chamberlain/Chico State (Paso Robles HS) 25:04.

**Women's Invitational 6K** (209 finishers) – 36. Shannon McClish/U. C. Santa Cruz (Morro Bay HS) 21:15.

**Women's Open 6K** (240 finishers) – 52. Hope Morgan/Chico State (SLOHS, SLDC) 23:15.

**GUADALUPE, OCTOBER 13 – MCKENZIE MIDDLE SCHOOL CROSS COUNTRY INVITATIONAL (8 races, 129 runners):**

**5th/6th Grade Girls** (1 Mile) – 7. Rebekah Waterbury/Bishop's Peak 7:04 .. 9. Kimberly Budinger/Bishop's Peak 7:13.

**7th/8th Grade Boys** – (2 Miles) – 1. Luke Reiss/Laguna 12:09 .. 10. Jared Treichler/Laguna 13:12. - / From Terry Bauer / -

**McKenzie Invitational Course Records**

3rd/4th Grade Girls (1 mile) - Talley Hill/SLDC 6:30 (2008). 3rd/4th Grade Boys - Luke Reiss/SFRC-SLDC 6:26 (2014).

5th/6th Grade Girls (1 mile) - Talley Hill/SLDC 6:00 (2010).  
 7th Grade Girls (2 miles) - Talley Hill/SLDC 12:49 (2011).  
 8th Grade Girls (2 miles) - Talley Hill SLDC 12:24 (2012).

5th/6th Grade Boys-Aidan Stamford/Laguna-SLDC 5:49 ('14).  
 7th Grade Boys - Colton Campa/Laguna/SLDC 11:55 (2014).  
 8th Grade Boys - Angel Contreras/Shandon 11:37 (2016).

**SAN LUIS OBISPO, OCTOBER 14 – CITY TO THE SEA HALF MARATHON & SEASIDE 5K**

<u>Seaside 5K</u>								
28.	Suzi Jianuzzi/1F-60+	24:29	88.	Adelaido Jimenez	1:36:41	255.	Dan Simmons/2-70+	1:51:29
62.	Frank Fazzino/2-45+	28:10	90.	Matt Downing	1:37:01	272.	Chris Haggie	1:52:33
97.	Louise Walters/1F-75+	29:44	93.	Pat Connolly/2-60+	1:37:29	307.	Emily Coombes	1:55:04
134.	Brett Osterfeld	31:39	98.	Mark Hays/1-64+	1:38:22	336.	Kymerly Fazzino	1:57:03
168.	Sandra Simons/6F-60+	33:14	101.	Susan McAdoo/2F-40+	1:38:48	403.	Liz Byrnes	1:59:50
243.	Sue Simmons/1F-65+	36:39	108.	Mary Cooper/1F-60+	1:39:33	512.	Cyndy Lakowske	2:04:51
259.	Sandie Cano/2F-65+	37:30	119.	Steve von Dohlen	1:40:29	594.	Debbie Dorney/1F-65+	2:08:52
	(489 finishers)		134.	Dan Jansen	1:41:41	616.	Kim Shollenberger	2:09:59
	<u>Half Marathon</u>		146.	Charles Birdsong	1:43:20	661.	Elisa Moylan/1F-70+	2:12:43
9.	Pepe Gonzalez	1:20:46	158.	Alison Borgsmiller	1:44:00	679.	Brian Matis	2:13:20
16.	Jedd Hasay	1:26:16	195.	Andrew Medlock	1:46:10	705.	Myrna Alvarez/3F-65+	2:14:34
17.	Manny Tarog/3-30+	1:26:51	200.	Amy Parkinson/1F-50+	1:46:40	727.	Linda Stimson	2:15:44
37.	Jadd Martinez (pacer)	1:29:41	202.	Jory Hallanan/1-70+	1:46:44	750.	Amy Watkins	2:17:01
58.	Kevin Cooper/2-55+	1:32:27	208.	Joyce Tseng	1:46:55	918.	Neil Silvers	2:27:34
87.	Adam Basch	1:36:38	229.	Dave Dunbar	1:49:15		(1,233 finishers)	
			232.	Paul Shires/3-65+	1:49:24		<a href="http://www.eternaltiming.com">www.eternaltiming.com</a>	

**TOP SLDC FINISHERS AT THE CITY TO THE SEA HALF MARATHON (1996 – 2018)**

Year	<u>Top Male</u>	<u>Time</u>	<u>Top Female</u>	<u>Time</u>	Year	<u>Top Male</u>	<u>Time</u>	<u>Top Female</u>	<u>Time</u>
1996	Andreas Soffker	1:13:39	Michelle Johnson	1:28:20	2008	Alec Briones	1:30:20	Mary Cooper	1:32:29
1997	Adolfo Lopez	1:10:21	Kristen Orr	1:22:18	2009	Sam Williams	1:14:35	Mary Cooper	1:33:38
1998	Doug Sims	1:16:27	Kristen Orr	1:21:09	2010	Matt Ruane	1:20:55	Mary Cooper	1:31:37
1999	Thomas Reiss	1:09:38*	Kristen Orr	1:21:08*	2011	Sam Williams	1:20:22	Jill Boaz	1:29:02
2000	Steve Boaz	1:13:46	Janet Norem	1:26:45	2012	Justin Banks	1:19:25	Carin Van Gaale	1:30:27
2001	Doug Sims	1:19:11	Ardy Janku	1:31:53	2013	Thomas Reiss	1:16:24	Robin Oswald	1:28:27
2002	Scott May	1:19:46	Mary Cooper	1:25:32	2014	Pepe Gonzalez	1:19:37	Melissa Palmer	1:27:44
2003	Matt Ruane	1:17:20	Heidi Mooney	1:37:08	2015	Jadd Martinez	1:20:05	Mary Cooper	1:37:42
2004	Steve von Dohlen	1:27:57	Mary Cooper	1:32:10	2016	Sam Williams	1:21:37	Melissa Palmer	1:32:00
2005	Steve von Dohlen	1:28:45	Heidi Mooney	1:34:02	2017	Pepe Gonzalez	1:21:21	Kelsey Lakowske	1:25:11
2006	Steve McAllen	1:26:10	Ardy Janku	1:34:33	2018	Pepe Gonzalez	1:20:46	Susan McAdoo	
2007	Frank Hutchinson	1:21:24	Janet Norem	1:29:27					

**FOLSOM, OCTOBER 14 – WILLOW HILLS CROSS COUNTRY** (Pacific Association USAT&F Grand Prix Series race):  
Men's Open – 3. Chris Frias/Aggies (ex-Cal Poly) 16:16 .. 9. Reed Breuer/SRA Elite (ex-Cal Poly Distance Club) 17:07 ..  
 10. Chris Stehula/SRA Elite (ex-Arroyo Grande) 17:08. - / [www.pausatf.org](http://www.pausatf.org) / -

**GLENDORA, OCTOBER 19 – WESTERN STATES CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:**  
Men (93 finishers) – 11. Steve Youngblood/Cuesta 22:02 .. 32. Garron Knox/Cuesta (SLOHS, SLDC) 23:14.  
Women (81 runners) – 30. Mattie Lindsey/Cuesta (Templeton HS, SLDC) 22:00 .. 64. Kirsten Purcell/Cuesta 26:17.

**SARATOGA, OCTOBER 20 – PACIFIC COAST TRAIL RUNS:**  
10K (95 runners) – 54. Ralph Wright (2-60+) 1:51:40. 21K (76 runners) – 45. Laurel Posey (1F-60+) 3:51:52.

**CAMPBELL, OCTOBER 20 – OCTOBERFEST 5K** (at Campbell Park, 354 finishers):  
 13. Steve von Dohlen 20:32 (Steve was first in the 50+ division by 4 ½ minutes.)

**MORGAN HILL, OCTOBER 21 – MORGAN HILL RUNNING FESTIVAL:**  
5K (70 runners) – 6. Charles Weston/66/Morgan Hill 25:18 (Charles is a former SLDC member from the early 1980's and ranked 4<sup>th</sup> on the club's 1980 marathon list with his 2:36:20 at Oakland. He ran marathons in Lompoc and Santa Barbara that same year and was part of the team at Santa Barbara – see the "Team Competition" section.) .. 49. Chris Shuck (2F-70+) 45:07.  
Half Marathon (250 runners) – 13. Matthew Shuck 1:34:35. - / [www.svetiming.com](http://www.svetiming.com) / -

**VENTURA, OCTOBER 21 – LEXUS VENTURA 5K, HALF MARATHON, & MARATHON:****Half Marathon** (1,221 finishers) – 1033. Patsy Schackart (5F-65/69) 2:48:46.**Marathon** (687 finishers) – 143. Linda Signal (1F-45/49) 3:32:59 (new SLDC women's record at Ventura– the old mark was 4:22:37 by Aileen Cota in 2014) .. 385. Bill Schackart (4<sup>th</sup>-65/69) 4:21:19. (Bill holds the SLDC men's record for Ventura at 4:03:28 from 2014 and will be running the Boston Marathon in April.)**SAN LUIS OBISPO, OCTOBER 25 – SAN LUIS OBISPO COUNTY CROSS COUNTRY CHAMPIONSHIP (@ Laguna Lake)**

<u>Middle School Boys</u>			<u>High School Boys</u>			<u>High School Girls</u>		
9.	Luke Reiss/Laguna	11:45	4.	Duncan Speirs	15:48	1.	Samantha Simard	18:41
26.	Jared Treicher/Laguna	12:30	9.	Matthew Scurria	16:09	3.	Alexi Steinmaus	18:44
33.	Zach Soriano/Paulding	12:43	10.	Jack Kaiser	16:18	4.	Shaylee Grimm	18:45
134.	Cole Ragsdale/Laguna	16:13	12.	Alex Southern	16:23	5.	Grace Rubio	18:45
	(182 finishers)		15.	Luke Holland	16:28	7.	Emma Manderino	19:02
			19.	Aidan Stamford	16:49	13.	Thea Ragsdale	19:40
			22.	Jacob Nichols	17:04	14.	Julia Bloom	19:42
<u>Middle School Girls</u>			27.	Bryan Arnold	17:13	18.	Adriene Frere	20:06
1.	Taylor Jones*/Paulding	11:58	28.	Axel Reich	17:15	20.	Julia Voss	20:09
2.	Serena Stamford/Laguna	13:00	30.	Nicholas Bircher	17:18	27.	Coco Steel	20:30
16.	Abigail Southern/Laguna	14:35	32.	Justin Hatcher	17:22	37.	Catrina Sada	20:57
30.	Gaylinn Kirn/Laguna	15:12	33.	Dylan Reiss	17:23	38.	April Engelmeier	20:57
51.	Kelsey Hammond/Flamson	15:55	37.	Colton Campa	17:30	41.	Ellie Trecihler	21:06
	(132 finishers)		39.	Aaron Bloom	17:46	70.	Tanvi Kenjale	23:38
	• = 2015 Pismo 5K winner		40.	Quinn Brussel	17:46	86.	Hannah Lykes	25:03
	/ Results from Tyler Hoyt /		61.	Ved Kenjale	18:32		(107 runners)	
				(170 runners)			- / <a href="http://www.athletic.net">www.athletic.net</a> / -	

**SAN DIEGO, OCTOBER 26 – MOUNTAIN WEST CROSS COUNTRY CHAMPIONSHIPS:****Men's 8K** (63 runners) – 31. Jacob Bilvado/Air Force 25:45 (2016 & 2017 Pismo Beach Stride with the Tide 5K winner).**PALO ALTO, OCT. 26 – PAC-12 CROSS COUNTRY CHAMPIONSHIPS** (79 runners, televised on the PAC-12 network):13. Callum Bolger/Stanford (SLOHS, SLDC) 23:21. **Teams:** 1. Stanford 44 points (Callum was #4 for the Stanford team.)**FULLERTON, OCTOBER 27 – BIG WEST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:****Men's 8K** (67 runners) – 13. Sean McDermott/Cal Poly (Cuesta College) 25:03.**Women's 6K** (77 runners) – 1. Miranda Daschian/Cal Poly (Atascadero HS/Cuesta College) 21:23 .. 18. Annie Meeder/Cal Poly (Paso Robles HS) 22:38 .. 27. Alyssa Block/Cal State Fullerton 22:54 (2016 & 2017 Pismo Stride with the Tide winner).**SACRAMENTO, OCTOBER 27 – BIG SKY CONFERENCE CHAMPIONSHIP:****Men's 8K** (82 runners) – 5. Christian Ricketts/Southern Utah (Arroyo Grande HS) 23:43.**BIG SUR, OCTOBER 27 – BIG SUR 10K RIVER RUN** (178 finishers):**SLDC** = 89. Debbie Dorney 57:47. **Others** – 3. Greg Scott/SLO 35:18 .. 11. Brian Locher/SLO 41:42 .. 21. Christine Scott/SLO (4-F) 43:52 .. 102. Justin Kelton/Paso Robles 60:38 .. 156. Patricia Haase/Arroyo Grande 72:28. - / [www.svetiming.com](http://www.svetiming.com) / -**ESTACADA, OREGON, OCTOBER 27 – NORTHWEST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:**

32. Matt White/Lewis &amp; Clark (SLOHS) 27:51.2. (63 finishers)

**CLAREMONT, OCTOBER 27 – S.C.I.A.C. CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:**

5. Malea Martin/Claremont-Mudd-Scripps (San Luis Obispo HS, SLDC) 23:34, (118 finishers)

**FOUNTAIN HILLS, ARIZONA, OCTOBER 27 – JAVALINA 100 MILE:** 10. Thomas Reiss (1-50+)18:05:03. (500+ runners)**WASHINGTON, D.C., OCTOBER 28 - MARINE CORPS MARATHON** (20,000+ finishers)1831. Amy Parkinson (14<sup>th</sup>-50/54F) 3:44:50. / [www.marathonguide.com](http://www.marathonguide.com) / (This is a new club record for the District of Columbia. The old mark was 4:01:03 by Aileen Cota in 2013; the men's record is 3:39:32 by Geof Chiapella in 2016).**LOS OSOS, OCTOBER 28 – BAYWOOD OKTOBERFEST FOUR MILE**

8.	Adam Basch/1-SLDC	26:57	50.	Dane Jones/3-70+	38:17	<b><u>Others</u></b>	
13.	Frank Hutchinson/1-60+	29:04	51.	Samantha Mauro	39:26	1.	Connor Blalock 21:16
16.	Steve Boaz/2-60+	30:05	53.	Tamara Kaizuka/2F-40+	40:14	2.	Alan Jackson/1-40+ 21:44
18.	Jory Hallanan/1-70+	31:01	64.	Charlie Trenbeth	44:11	5.	Maria Scarpin/1-F 23:32
22.	Chris Haggie/3-60+	31:46	72.	Rae Ruane/3F-14&U	48:26	9.	Carin van Gaale/2F-30z+ 26:57
33.	Denise Youngman/1F-60+	34:59	78.	Nova Poff/1F-80+	49:54	15.	Joe Rubio/2-50+ 29:26
39.	Debbie Dorney/2F-60+	37:23		(96 finishers)			/ Results from Tyler Hoyt /