

**** RACE RESULTS ****

LAWRENCE, KANSAS, DECEMBER 2 – BOB TIMMONS INDOOR CHALLENGE:

Women's 1000 – 1. Talley Hill/University of Kansas (Arroyo Grande HS, SLDC youth team) 3:01.87. - / From Jim Barodte / -



Talley Hill in 2007



Talley in 2008



Talley gets another medal



Talley's Kansas roster photo

WALNUT, DECEMBER 2 – FOOTLOCKER WESTERN REGIONAL CROSS COUNTRY MEET (local athletes)

Freshman Boys (219 fin.)		Soph. Boys (404 runners)		Seeded Boys (243 fin.)	
10.	Jonathan Munoz/Grov. Bch 17:38	375.	Sam Glick/Arroyo Grande 23:40	133.	Joseph Domingues/S.M. 17:28
152.	Cody Ellis/Arroyo Grande 21:09			143.	Luis Jazo/Arroyo Grande 17:35
Freshman Girls (190 fin.)		Junior Boys (346 fin.)		202.	
29.	Arabella Edler/Arr. Grande 21:15	46.	Cooper Limon/Pismo Bch 17:34	Justin Hatcher/SLO-SLDC 18:19	
121.	Natalie Hurtado/Arr. Grande 24:59				

SACRAMENTO, DEC. 3 – CALIFORNIA INTERNATIONAL MARATHON (Folsom Dam to the State Capitol - 7,235 runners)

SLDC		4272.	Aileen Cota 4:23:57	Others	
296.	Jadd Martinez 2:45:22	4275.	Heidi Harrison 4:24:00	23.	Jameson Mora/Paso (ex-CP) 2:17:33
1291.	Dan Jansen 3:20:00	4442.	Myrna Alvarez/3F-65+ 4:27:32	37.	Sergio Reyes (ex-Cuesta) 2:18:50
1346.	Janet Norem/2F-60+ 3:21:16	4813.	Linda Stimson 4:36:59	60.	Eric Noel (ex-SLO) 2:23:12
3131.	Dave Dunbar 3:57:26	- / www.runcim.org / -		2764	Nick Smaira/Pismo Beach 3:51:08



Three of the members of the SLDC Cal International Marathon team



Heidi, Dave, & Janet at the CIM Expo

at the USA Half Marathon in San Diego – Heidi, Aileen, Liz Byrnes, & Janet

ALL-TIME S.L.D.C. TOP 50 MEN & TOP 25 WOMEN AT THE CAL INTERNATIONAL MARATHON (1983-2017)

1. Adolfo Lopez/1997	2:35:21	26. Luis Escobar/1999	2:54:25	1. Robyn Root/1983	2:44:15
2. Jon Root/1983	2:35:39	27. Dave Fleishman/2011	2:54:37	2. Kristen Orr/1998	2:50:07
3. Thomas Reiss/2013	2:36:51	28. Jeff Clark/1989	2:55:18	3. Kristen Orr/1997	2:52:39
4. Elmer McPhail/1988	2:38:05	29. Keith Kirkpatrick/1990	2:56:08	4. Mary Ryzner/1986	2:56:47
5. Steve Sharp/1993	2:38:37	30. Paul Prochaska/1997	2:56:22	5. Diane Dixon/1988	3:01:18
6. Larry Jamison/1984	2:40:53	31. Joe Bergquist/1998	2:56:22	6. Diane Dixon/1987	3:08:47
7. Steve Dornish/1987	2:41:58	32. David Campa/2012	2:57:03	7. Irene Henderson/1990	3:14:45
8. Adolfo Lopez/2000	2:42:16	33. Chris Connors/1995	2:57:08	8. Mary Cooper/1997	3:15:49
9. Doug Sims/1998	2:42:35	34. Jadd Martinez/2015	2:57:44	9. Janet Norem/2017	3:21:16
10. Brian Waterbury/1988	2:43:12	35. Dusty Davis/2009	2:58:56	10. Kim Schoensee/1995	3:25:16
11. Doug Sims/1994	2:43:37	36. Dave Ion/1988	2:59:18	11. Mary Lopez/1988	3:26:16
12. Jadd Martinez/2017	2:45:22	37. Earl Hignee/1988	2:59:34	12. Diane Webster/1990	3:32:11
13. Chris Connors/1986	2:45:55	38. Keith Kirkpatrick/1986	2:59:39	13. Velma Bowden/1988	3:33:59
14. Henry Hernandez/1995	2:47:10	39. Stan Rosenfield/1986	2:59:47	14. Marian Fiorentino/2008	3:36:03
15. Sam Williams/2009	2:47:27	40. Russ Raymond/1988	3:01:09	15. Laurie Brown/1998	3:43:41
16. Sean McCormick/1994	2:47:47	41. Chris Connors/1996	3:01:35	16. Tina Levitan/1995	3:45:02
17. Doug Sims/1999	2:47:55	42. Geoff Chiapella/2015	3:04:09	17. Linda Graham/1999	3:47:44
18. David Campa/2013	2:48:12	43. Mark Martins/2000	3:04:18	18. Cyndy Lakowske/2016	3:53:09
19. Larry Jamison/1983	2:48:21	44. Todd Barnes/1994	3:04:46	19. Tammy West/1995	3:57:19
20. Bill Norman/1984	2:49:25	45. Earl Higbee/1995	3:04:51	20. Stephanie Shuck/1997	4:04:23
21. Luis Escobar/1998	2:49:45	46. Doug Mann/1988	3:04:57	21. Molly Montgomery/2006	4:07:28
22. Chris Connors/1988	2:50:43	47. Charlie Joslin/1997	3:05:13	22. Heidi Harrison/2011	4:07:39
23. Luis Escobar/1996	2:51:30	48. Paul Prochaska/1996	3:05:14	23. Myrna Alvarez/2012	4:07:46
24. Luis Escobar/1995	2:53:03	49. Stan Rosenfield/1988	3:05:46	24. Suzanne Culver/1995	4:09:03
25. Larry Jamison/1985	2:53:12	50. Clem Michel/1988	3:05:47	25. Aileen Cota/2013	4:09:42

ALL-TIME S.L.D.C. TEAMS AT CAL INTERNATIONAL

Men's Open			Men's Seniors (50+)		
1988	Elmer McPhail/Chris Connors/Dave Ion	8:28:06	1988	Bill Winstanley/Ben Horner/Leon Glassburn	10:33:18
1998	Doug Sims/Luis Escobar/Joe Bergquist	8:28:42			
1997	Adolfo Lopez/Paul Prochaska/John Thomas	8:47:32	Women's Open		
1996	Luis Escobar/Chris Connors/Paul Prochaska	8:58:07	1997	Kristen Orr/Mary Cooper/Stephanie Shuck	10:12:51
1995	Luis Escobar/Jim Buchanan/Terry Morgan	9:24:29	1995	Kim Schoensee/Tina Levitan/Tammy West	11:07:37
2015	Jadd Martinez/Patrick Lemieux/B. Osterfeld	9:32:43	2011	Heidi Harrison/Aileen Cota/Cynthia Lambert	12:55:51
Men's Masters (40+)			Women's Masters		
1988	Brian Waterbury/Earl Higbee/Russ Raymond	8:43:55	2017	Janet Norem/Aileen Cota/Heidi Harrison	12:09:13
1995	Henry Hernandez/Chris Connors/Earl Higbee	8:49:00	2012	Myrna Alvarez/Aileen Cota/Heidi Harrison	12:50:52
1997	Charlie Joslin/Chris Connors/Ron Swart	9:35:20			

LEXINGTON, KENTUCKY, DECEMBER 9 – USAT&F NATIONAL CLUB X-C COUNTRY CHAMPIONSHIPS – Local athletes:

Men's Open-10K (418 fin.)		Women's Open - 6K		Men's Masters- 10K	
18.	Philip Reid/SLO (ex-CP)	29:57	74.	Sara Jonathan/Atas.	21:22
40.	Sean Davidson/SLO (ex-CP)	30:44	97.	Kara Thorne/Grov. Bch	21:50
41.	Scott Bauhs/S.L.O.	30:45	132.	Erika Schaeffer/S.L.O.	22:23
81.	Chris Frias/SLO (ex-CP)	31:31	151.	Allie Sulaitis/Morro Bay	22:36
210.	Tyler Hoyt/Los Osos	33:06	174.	Jessica Hoyt/Los Osos	23:08
240.	Reese Byers/S.L.O.	33:28	228.	Katherine Meadows/SL	25:18
				(246 finishers)	
				10.	Aeron Arlin-Genet/L.O.
					(115 finishers)
23.	Alan Jackson/Los Osos	34:13			
162.	Erich Ackermann/ex-CP	38:23			
	(271 finishers)				

TALLAHASSEE, FLORIDA, DECEMBER 9 – JUNIOR OLYMPICS NATIONAL CROSS COUNTRY CHAMPIONSHIPS:

Boys, Ages 9 & 10 (3000M) – 76. Tyler Daillak/Paso Robles 11:37. (348 finishers)
Boys, Ages 11 & 12 (3000M) – 155. Luke Reiss/SLDC 11:08. (398 finishers)
Girls, Ages 13 & 14 (4000 Meters) – 24. Taylor Jones/Pismo Beach 14:33. (373 finishers)

LOS OSOS, DECEMBER 10 – MONTANA DE ORO STATE PARK SPOONER'S COVE COASTAL TRAIL RUNS

8K (48 finishers)		29.	Debbie Dorney	1:43:54	21.	Devin Best	2:55:21
23.	Mike Andrews	1:06:07	30.	Suzi Jianuzzi	1:46:53	31.	Brent Vanderhoof
						43.	Craig Campbell
							3:33:51
13K (53 finishers)		25K (75 finishers)					
5.	Paul Lee	1:20:03	8.	Dan Jansen	2:35:42	(No SLDC entries in	
16.	Michael Henzler	1:26:31	13.	Joyce Tseng	2:46:41	The 37K or the 50K)	

