

**** RACE RESULTS ****

COOL, OCTOBER 1 - HEART OF COOL TRAIL HALF MARATHON: 60. Laurel Posey 3:06:32 .. 78. Ralph Wright 3:45:32.

SANTA MARIA, OCTOBER 4 - LOS PADRES LEAGUE MID-SEASON MEET:

Varsity Girls (50 runners) - 1. Audrey McClish/Morro Bay 18:18 .. 8. Adrienne Frere/MB 20:14 .. 18. Scout Bidleman/MB 21:22.

SALINAS, OCTOBER 6 - TORO PARK INVITATIONAL/NORCAL PREVIEW MEET (93 runners):

1. Alyssa Block/Sequoias 18:25 (Alyssa won by over a minute. She is the 2016 & 2017 winner of SLDC's Stride with the Tide 5K.)

SAN LUIS OBISPO, OCTOBER 6 - TOUR DE CUESTA (at the Fairbanks Memorial Cross Country course, 56 runners, hot!):

Men's 4 Mile - 33. Kobi Kelly/Cuesta (SLOHS) 24:11 .. 39. Garron Knox/Cuesta (SLOHS) 24:43 .. 46. Ben Walker/Aggies 25:35.

SAN DIEGO, OCTOBER 7 - U.C.S.D. TRITON INVITATIONAL: 8. Daniel Tull/Humboldt State (Atascadero HS) 26:58. (83 fin.)

MANHATTAN BEACH, OCTOBER 7 - HOMETOWN 10K (3,322 finishers): 2207. Charlie Trenbeth 68:18.

NIPOMO, OCTOBER 7 - OCTOBER FESTIVAL 4 MILE: 5. Paul Lee 26:33 .. Jeremy Perkins, NTA.

CLOVIS, OCTOBER 7 - CLOVIS CROSS COUNTRY INVITATIONAL

Varsity Girls - Medium		Varsity Girls - Small		57. Matthew Scurria	16:42
13. Alexi Steinmaus	19:07	9. Audrey McClish	18:57	64. Jacen Andreatta	16:49
21. Samantha Simard	19:24	55. Adrienne Frere	20:20	90. Justin Hatcher	17:03
71. Julia Bloom	20:32	98. Scout Bidleman	21:21	101. Alex Southern	17:07
104. Elena Grant	21:01	(207 finishers)		128. Aiden Stamford	17:22
123. Emma Manderino	21:29	Varsity Boys - Medium		161. Cole Bumen	17:47
(214 finishers)		31. Alex Goodman	16:23	(246 finishers)	

SAN JOSE, OCTOBER 8 - ROCK & ROLL SAN JOSE (1800 runners in the 5K, 2400 in the 10K, & 6400 in the half):

10K - 343. Julie Escobedo 58:12. **Half Marathon** - 251. Matthew Shuck 1:33:48 .. 278. Matt Escobedo 1:35:06 (5th-55/59) .. 959. Bill Schackart 1:50:07 (4th-65/69) .. 4530. Patsy Schackart 2:36:45 (6th-65/69F).

CHICAGO, ILLINOIS, OCTOBER 8 - BANK OF AMERICA CHICAGO MARATHON

27. Jordan Hasay/3-F	2:20:57	21655. Aileen Cota	4:40:38	Others (S.L.O. County)	
6512. Susan McAdoo	3:42:12	25865. Linda Stimson	4:55:52	2051. Dylan Hunt/S.L.O	3:14:16
11620. Amy Parkinson	4:02:14	27446. Julie Opheim	5:01:24	22409. Liz Lee/Paso Robles	4:43:21
20380. Heidi Harrison	4:36:04	(40,000 runners)			



Matt Shuck finishing the San Jose Rock & Roll Half



Linda Stimson, Jordan, & Aileen Cota at Chicago

SAN LUIS OBISPO, OCTOBER 8 - CITY TO THE SEA HALF MARATHON & SEASIDE 5K

Seaside 5K

3. Thomas Reiss/1-40+	17:21	98. Charles Birdsong/5-50+	1:36:42	347. Doug Walton	1:55:04
13. Paul Shires/1-60+	21:30	106. Emily Williams/3F-30+	1:37:56	364. Kymberly Fazzio	1:55:50
18. Adam Shires/2=20+	22:59	148. Devin Best	1:42:35	398. Kim Shollenberger	1:57:39
160. Carol Yeaman-Sanchez	33:33	150. Gene Richardson	1:42:48	539. Suzi Jianuzzi/2F-60+	2:03:33
(402 finishers)		160. Joyce Tseng	1:43:22	552. Angenette Tiffin	2:04:20

Half Marathon

15. Pepe Gonzalez/3-25+	1:21:21	162. Jory Hallanan/1-70+	1:43:26	570. Myrna Alvarez/3F-60+	2:05:09
22. Jadd Martinez	1:23:59	167. Allie Watts/5-20+	1:43:57	579. Bernadette Monterrosa	2:05:40
25. Kelsey Lakowske/2-F	1:25:11	173. Alison Borgsmiller	1:44:21	729. Brian Matis	2:13:20
65. Adelaido Jimenez	1:32:49	175. Zach Yeaman-Sanchez	1:44:26	913. Christine Rudman	2:24:27
66. Matt Ruane/4-40+	1:32:57	190. Chris Haggie/2-65+	1:45:48	920. Cynthia Lambert	2:24:54
67. Matt Downing	1:33:01	236. Dave Dunbar/4-60+	1:49:09	922. Amy Watkins	2:25:01
94. Mark Hays/1-65+	1:36:11	247. Alejandra Martinez	1:50:01	1079. Renee Silvers	2:41:11
		267. Dan Simmons/2-70+	1:51:38	1080. Neil Silvers	2:41:12
		327. Troy Rudman	1:54:08	(1,274 finishers)	

PORTLAND, OREGON, OCTOBER 8 - PORTLAND MARATHON (2,820 finishers): 3. Justin Banks/Eugene, OR 2:34:44. Justin is a graduate of Atascadero High School who ran for Cuesta College and then the University of Louisville. He was a long time member of SLDC and has many wins from his days on the central coast. These include the Hares & Hounds 5K (2013), the Paso Robles Wine Country Half Marathon (2013), the Brian Waterbury Memorial Rock to Pier (2002 & 2008), and the Baywood Junefest (2011).

SAN LUIS OBISPO, OCTOBER 12 - PAC-8 MID-SEASON MEET (at the Fairbanks Memorial course)

Varsity Boys

8. Matthew Scurria	16:47	32. Aidan Stamford	18:15	6. Shaylee Grimm	20:40
12. Alex Goodman	17:08	35. Cole Bumen	18:26	7. Alexis Lewis	20:43
15. Jacob Andreatta	17:21			9. Grace Greenelsh	20:48

Varsity Girls

21. Justin Hatcher	17:41	2. Alexi Steinmaus	20:00	10. Eliza Lewis	20:55
24. Alex Southern	17:48	4. Samantha Simard	20:07	11. Julia Bloom	20:55

/ www.prepcaltrack.com /

MADISON, WISCONSIN, OCTOBER 13 - WISCONSIN INVITATIONAL (234 runners):

46. Callum Bolger/Stanford (SLOHS, SLDC) 24:19, #3 for Stanford) .. 68. Jacob Bilvado/Air Force 25:29 (two time winner of SLDC's Stride with the Tide 5K in Pismo Beach) .. 193. Christian Ricketts/Southern Utah (Arroyo Grande HS) 25:29. / www.letsrun.com / -

CLAREMONT, OCT. 14 - POMONA INVITATIONAL: Women's 6K - 7. Malea Martin/CMS 22:37 .. 68. Jenny Grady/CMS 25:10.

GUADALUPE, OCTOBER 14 - MCKENZIE YOUTH INVITATIONAL:

7th/8th Grade Boys (2 miles) - 5. Luke Reiss 12:13 .. 15. Enrique Ernstrom 14:01 .. 32. Jake Polvi 18:59 .. 34. Dan Polvi 23:20.
7th/8th Grade Girls (2 miles) - 3. GayLynn Kirm 13:50 .. 6. Serena Stamford 14:20 .. 11. Nancy Ernstrom 16:15. - / Terry Bauer / -

MT. DESERT ISLAND, MAINE, OCTOBER 14 - MT. DESERT ISLAND MARATHON (651 finishers):

368. Liz Byrnes/Paso Robles-SLDC (7th-55/59F) 4:36:57. (This is a new club state record for Maine, there was no previous mark).

GRANITE BAY, OCTOBER 15 - GRANITE HEAD TRAIL RUN: 238. Laurel Posey 2:25:21 .. 264. Ralph Wright 2:34:40.

BAKERSFIELD, OCTOBER 20 - WESTERN STATES CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

14. Kobi Kelly/Cuesta (SLOHS) 21:15 .. 34. Garron Knox/Cuesta (SLOHS) 21:54. (101 finishers). - / www.directathletics.com / -

CAMBRIA, OCTOBER 21 - SCARECROW FESTIVAL 5K (at Shamel Park, 55 participants): 1. Pepe Gonzalez 17:55 .. 16.

Debbie Dorney/1F-50+ 27:54 .. 17. Denise Youngman/2F-50+ 28:06 .. 29. Stan Rosenfield 34:32 .. 31. Lorie Noble 35:10.

TURLOCK, OCTOBER 21 - C.C.A.A CONFERENCE CHAMPIONSHIPS (Hosted by Cal State Stanislaus):

Men's 8K (89 runners) - 2. Connor Fisher/Chico State (Cuesta College) 24:23 .. 19. Daniel Tull/Humboldt (Atascadero HS) 25:20.

Women's 6K (112 runners) - 34. Rosa Granados/Humboldt State (Arroyo Grande HS) 22:22. - / www.directathletics.com / -

MOUNTAIN VIEW, OCT. 21 - MATT YEO AGGIE XC MEET (USAT&F Pacific Association Grand Prix Series race) Local athletes -

Men's Open Race

4. Sergio Reyes/ex-Cuesta	20:42	16. Derek Thomas/ex-CP	21:33
5. Jameson Mora/ex-Cal Poly	20:48	17. Joe Thorne/Arr. Grande	21:27
8. Nick Woolf/ex-Cal Poly	21:05	29. Connor Blalock/ex-CP	22:04
11. Aric Champagne/ex-CP	21:12	35. Daniel van Buerden/L.O.	22:24
15. Sean Davidson/ex-Cal Poly	21:18	47. Reese Byers/ex-CP	23:15

Men's Masters (113 runners)

22. Erich Ackermann/ex-Cal Poly	24:47
70. Joe Rubio/S.L.O., ex-Cal Poly	29:40

Women's Race (96 runners)

27. Areon Arlin-Genet/ex-Cal Poly	26:57
-----------------------------------	-------

MORGAN HILL, OCTOBER 22 - MORGAN HILL HALF MARATHON: 14. Matthew Shuck 1:33:47, (363 finishers)

VENTURA, OCTOBER 22 - VENTURA MARATHON, HALF MARATHON, & 5K:

5K (456 finishers) - 1. Chris Frias/Ventura (ex-Cal Poly) 14:56. **Half Marathon** (1,184 finishers) - 815. Patsy Schackart 2:45:11. **Marathon** - 458. Bill Schackart (7th-65/69) 4:22:04 .. 756. Neil Silvers 6:25:22 .. 757. Renee Silvers (marathon debut) 6:25:28.



Liz Lee & Heidi Harrison at Chicago



Group dinner at the Chicago Marathon with Mark McConnell, Heidi Harrison, Linda Stimson, Aileen Cota, Liz Lee, and Julie Opheim.

SAN LUIS OBISPO, OCTOBER 26 - S.L.O. COUNTY HIGH SCHOOL CROSS COUNTRY CHAMPIONSHIPS

Boys (176 finishers)		31. Aidan Stamford	18:15	17. Jenna Girouard	21:52
5. Jacob Andreatta	16:36	36. Quinn Brussel	18:40	21. Audrey McClish	21:55
8. Matthew Scurria	16:47	52. Ved Kenjali	19:29	30. Ellie Treichler	22:34
14. Justin Hatcher	17:00	68. Stephen ZagRodny	19:51	37. Maddie Fletcher	23:05
18. Alex Southern	17:24			40. April Engelmeier	23:13
22. Jacob Nichols	17:39	Girls (107 finishers)		43. Thea Ragsdale	23:22
26. Cole Bumen	17:49	3. Alexi Steinmaus	20:34	50. Tanvi Kenjale	23:45
27. Jack Kaiser	17:53	9. Julia Bloom	21:06	73. Hannah Lykes	25:14
28. Antonio DaSilva	17:54	15. Emma Manderino	21:38	83. Shilu Vanasupa	26:47
29. Axel Reich	17:58	16. Coco Steel	21:44	/ www.prepcaltrack.com /	

SPRINGFIELD, OREGON, OCTOBER 27 - PAC-12 CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 8K (63 runners) - 18. Callum Bolger/Stanford (SLOHS, SLDC) 24:10. **Teams:** 1. Stanford (stops Colorado streak at six straight titles, the race was televised live on the PAC-12 Network). . . "It was a great team race," said Stanford coach Chris Miltenberg said. "If Callum didn't make a charge in the last 600 meters, we wouldn't have gotten it."



Callum at Footlocker West



Running for San Luis Obispo HS



Callum as a Stanford freshman

ALBUQUERQUE, NEW MEXICO, OCTOBER 27 - MOUNTAIN WEST CROSS COUNTRY CHAMPIONSHIPS (65 runners):
 10. Jacob Bivlado/Air Force 24:13. (Jacob is a five time entrant at SLDC's Stride with the Tide 5K in Pismo Beach. He first ran here in 2011 at age 14 and since then has finished second in 2012 & 2013 and won the race in 2016 & 2017.)

CHINO, OCTOBER 28 - S.C.I.A.C. CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 8K (123 runners) - 93. John Nichols/Redlands (AGHS, SLDC) 29:21. **Women's 6K** (122 runners) - 4. Malea Martin/Claremont-Mudd-Scripps (SLOHS) 23:17 .. 78. Jenny Grady/CMS (SLOHS) 27:10.

OGDEN, UTAH, OCTOBER 28 - BIG SKY CHAMPIONSHIPS: 19. Christian Ricketts/Southern Utah (AGHS) 25:06. (92 runners)

RIVERSIDE, OCTOBER 28 - BIG WEST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 8K (68 runners) - 13. Sean McDermott/Cal Poly (Cuesta College) 20:26. **Women's 6K** (69 runners) - 2. Miranda Daschian/Cal Poly (Atascadero HS/Cuesta College) 20:26 .. 21. Annie Meeder/Cal Poly (Paso Robles HS) 21:39

OAKLAND, OCTOBER 28 - OAKLAND HILLS TRAIL RUN (King Canyon Redwood Regional Park):

Half Marathon - 89. Laurel Posey 3:48:56 .. 98. Ralph Wright 4:42:30.

LOS ANGELES, OCTOBER 29 - UNITED AIRLINES ROCK & ROLL HALF MARATHON (5,600 runners):

1. Philip Reid/San :Luis Obispo-Hoka Aggies (ex-Cal Poly) 1:05:49 .. 2. Sergio Reyes/Los Osos-Hoka Aggies (ex-Cuesta College) 1:05:58.

LOS OSOS, OCTOBER 29 - BAYWOOD OKTOBERFEST FOUR MILE RUN

<u>SLDC</u>			<u>Others</u>		
12. Adam Basch	26:58	85. Anne Simpson	46:16	1. Connor Blalock (ex-Cal Poly)	20:40
18. Jory Hallanan (70+ CR)	29:24	93. Nova Poff, 80	49:47	2. Tyler Hoyt (ex-MBHS)	20:58
19. Gene Richardson	29:27	105. Janet Duke	59:39	3. Alan Jackson/Los Osos/1-40+	21:33
24. Dave Dunbar	30:23	110. Charlie Unger, 83	62:44	7. Jessica Hoyt/1-F	25:15
29. Chris Haggie	31:00	111. Carol Unger, 80	65:17	11. Aeron Arlin/Genet/50/2-F	26:38
34. Samantha Mauro	33:03			20. Jennifer Frere (ex-MBHS)	29:40
58. Dane Jones	38:34			59. Pam Mauro/67/Hawaii	38:56

From Doug Lynch,
www.phototiming.com