

**** RACE RESULTS ****

ATLANTA, GEORGIA, JULY 4 - PEACHTREE ROAD RACE (USAT&F National 10K Road Racing Championship):
Women - 3. Jordan Hasay/Nike 33:08. (50,000 runners)

MORGAN HILL, JULY 4 - FREEDOM FEST 5K (USAT&F Pacific Association Grand Prix Series race, 582 finishers):
3. Jameson Mora/Paso Robles (ex-Cal Poly) 15:17 .. 5. Reese Byers/SLO-Hoka Aggies 15:26 .. 3. Alan Jackson/Los Osos-Hoka Aggies 16:39 (3-40+) .. 39. Antonio Arreola/San Jose (ex-SLOHS/Cal Poly/SLDC) 18:06 (3-55+). - / www.paustaf.org / -

POZO, JULY 4 - POZO 5K (209 finishers)

<u>SLDC</u>			<u>Others</u>					
10.	Joshua Ernst	16:43	74.	Cyndy Lakowske	24:21	1.	Gordon Sturgess/Paso	14:40
12.	David Campa	17:32	76.	Shauna Kruse	24:32	8.	Matt White/S.L.O.	16:20
14.	Frank Wyer	17:47	78.	Liz Byrnes	25:06	9.	Jeremy Costello/S.L.O.	16:24
17.	Kelsey Lakowske/1-F	18:07	93.	Dave Dunbar	26:05	18.	Kobi Kelly/S.L.O.	18:10
28.	Kevin Cooper	19:26	96.	Suzi Jianuzzi	26:28	24.	Justin Hatcher/S.L.O.	18:52
30.	Matt Ruane	19:31	98.	Heidi Harrison	26:39	26.	Nathan Baldwin/Cambria	19:13
36.	Matthew Shuck	20:06	115.	Brent Vanderhoof	28:32	39.	Michael Costello/S.L.O.	20:29
46.	Michael Dean	21:24	132.	Chantal Donahue	30:40	48.	Jenny Grady/S.L.O.	21:37
50.	Paul Shires	21:58	150.	Anne Simpson	32:22	59.	Ivan Huff/Paso Robles	22:28
51.	Jory Hallanan	22:07	151.	Jeff Simpson	32:23	101.	John Grady/S.L.O.	27:13
54.	Steve von Dohlen	22:16	161.	Charlie Trenbeth	33:34	114.	Stan Carpenter	28:31
56.	Steve Boaz	22:24	163.	Rudy Uribe Jr.	33:52		- / Results from Joe Rubio & Tera Dube / -	
64.	Steve Lakowske	23:23	164.	Rudy Uribe	33:52			
			194.	Jennifer Campa	39:53			

SAN FRANCISCO, JULY 8 - GOLDEN GATE SUMMER TRAIL RUNS:

5 Mile (97 finishers) - 11. Chuck Fiorentino (1-60+) 45:37 .. 36. Marian Fiorentino (3F-50+) 55>13. / www.coastaltrailruns.com /

SAN FRANCISCO, JULY 9 - ACROSS THE BAY 12K (3,354 finishers):

493. Field Gibson/Paso Robles-SLDC (5th-60+) 66:10 .. 745. Art MacCarley/Nipomo-SLDC (8th-60+) 70:09 .. 746. Laura MacCarley/ Los Gatos 70:09 .. 1234. Rhonda Crowfoot/Morro Bay (11F-60+) 76:54. - / www.svetiming.com / -

VENTURA, JULY 9 - SHORELINE 5K, 10K, & HALF MARATHON:

Half Marathon (203 finishers) - 19. Bill Schackart 1:52:53 (1st-60/69). . . From Bill - - " Here is a race result from today's Shoreline Half Marathon in Ventura. This years' race was entirely on the Ojai bike path starting and ending at Foster Park. The course was 4 miles downhill heading south, 7 miles uphill going north, with the last 2 miles going back downhill to the start/finish.

MORRO BAY, JULY 15 - BRIAN WATERBURY ROCK TO PIER SIX MILE & ROCK'N AROUND THE PIER HALF MARATHON

<u>Rock to Pier 6 Mile</u>			<u>Half Marathon</u>					
24.	Adam Basch/1st-SLDC	44:19	634.	Kelsi Budinger	104:45	10.	Patrick Connally/1-60+	1:36:06
30.	Paul Lee/1-55+	45:11	651.	Brian Phan, age 5	107:45	13.	Matthew Shuck/3-30+	1:36:50
31.	Janet Norem/1F-60+	45:14	642.	Vikki Waterbury-Phan	107:46	26.	Mark Hays/1-65+	1:43:15
32.	Steve Boaz/2-60+	45:52	643.	James Phan	107:46	60.	John Tiffin/1-70+	1:58:06
68.	Chris Haggie/1-65+	49:51	702.	Anne Klingner/79	121:32	62.	Tom Jefferis/2-65+	1:58:25
130.	Debbie Dorney/1F-65+	54:52		Others (739 finishers)		184.	Chantal Donahue	2:39:37
131.	Patrick Vaughan	55:04	1.	Tyler Hoyt/Los Osos	33:21	237.	Neil Silvers	3:30:46
145.	Denise Youngman/2-65+	55:49	3.	Will Hanson/TX	36:22		Others (238 finishers)	
166.	Marty Budinger	57:03	10.	Becky Cutler/Fresno/1F	41:01	1.	J. K. Lundberg/Fresno	1:25:25
215.	Gene Heyer/2-70+	59:34	15.	Henrita van Wyngaarden	42:23	11.	Sean McCormick/2-50+	1:36:27
231.	Dane Jones/3-65+	60:50	17.	Frank Hutchinson/1-60+	43:00	17.	Beth Richie/Morro Bay/1-F	1:38:41
259.	Kimberly Budinger/1-10U	61:56	88.	Victor Brancart/M. Bay	52:34	238.	Frank Smith/Morro Bay	3:30:48
311.	Charlie Joslin	65:39	148.	Megan Hogerhedein	55:56		www.synergytiming.com	
363.	Libby Waterbury	69:30	385.	Warren Sinsheimer	71:13		(Race Director - Karen Sweeney, City of Morro Bay Recreation Dept.)	
365.	Rebekah Waterbury/2-10	69:32	462.	Cadence Bergquist	81:45			
366.	Charlie Trenbeth	69:34	463.	Joe Bergquist	81:45			
			493.	John Hogerheiden	86:41			

CARSON CITY, JULY 15 - TAHOE RIM TRAIL ENDURANCE RUNS:

55K (149 finishers) - 38. Cyndy Lakowske/Avila Beach-SLDC 8:16:06 .. 44. John Quinn/Shell Beach 8:26:21 .. 77. Kymberly Fazzio/Nipomo-SLDC 9:40:08 .. 121. Troy Schweitzer/SLO-SLDC 11:06:40.

50 Mile (165 finishers) - 137. Brent Vanderhoof/SLO-SLDC 15:41:47. (The record for the 50 mile is 7:52:00 set by Thomas Reiss in 2008. Thomas also has the 4th fastest time of 8:10:00 set in 2007.)

100 Mile (150 finishers) - 14. Walter Handloser/San Luis Obispo 22:47:00. - / www.ultrasignup.com / -

ATASCADERO, JULY 19 - ATASCADERO SUMMER ALL-COMER MEETS, WEEK #4:

200M - 7. Kate Miller 30:19.

400M (Heat #7) - 5. Maddie Flatler 1:01.55.

1500 - 1. Steve Youngblood/Santa Maria 4:15.82 .. 9. Matthew Shuck 5:35.20 .. 10. Kate Miller 5:36.67 .. 19. Michael Dean 6:48.

3000M - 1. Steve Youngblood 9:17 ..3. Matthew Shuck 12:10 .. 5. Michael Dean 14:26.

SANTA CRUZ, JULY 23 - WAHRF TO WHARF SIX MILE (Santa Cruz to Capitola, 13,470 runners):

SLDC = 18. William Ernst 30:43 .. 33. Joshua Ernst 31:43 .. 1658. Doug Walton 51:47 .. Brian Glusovich/76/Cambria (ex-SLDC) 75:45. **Others** = 10. Chris Frias (ex-Cal Poly) 28:58 .. 22. Reese Byers/SLO 30:53 .. 45. Alan Jackson/Los Osos (1-40+) 32:11.

SAN LUIS OBISPO, JULY 23 - S.L.O. RECREATION DEPARTMENT TRIATHLON (at Sinsheimer Park)

21. Kieran Bolger	1:22:12	114. Craig Campbell*	1:39:05	318. Janice Campbell	1:57:39
49. Patrick Bolger	1:29:12	* = 37th SLO Triathlon		392. Stephanie Finucane &	
62. Devin Best	1:31:25	122. Tom Jefferis	1:40:17	Cynthia Lambert (relay)	2:05:34
69. Joyce Tseng	1:32:57	198. Heidi Harrison	1:46:51	420. Dave Dunbar	2:09:19
81. Hillary Trout	1:35:15	262. Michael Dean & Matt Shuck (relay team)	1:53:03		(567 finishers)

PISMO BEACH, JULY 29 - STRIDE WITH THE TIDE 5K

24. Adelaido Jimenez/1-30+	20:18	59. Robert Tiffin	23:46	100. Debbie Dorney/1F-60+	27:26
30. Matthew Shuck/3-30+	21:14	62. John M. Tiffin/1-70+	23:59	134. Chantal Donahue	30:35
32. Dan Jansen/1-50+	21:18	68. Greg Burke/2-70+	24:26	164. Renee Silvers	33:20
33. Coker Ellsworth/1-60+	21:27	86. John S. Tiffin	25:56	166. Charlie Trenbeth	33:25
38. Paul Shires/2-60+	21:44	97. Heidi Harrison/1F-SLDC	26:55	207. Giovanna Schaefer	48:14