

**** RACE RESULTS ****

BAKERSFIELD, OCTOBER 1 - WESTERN STATES CONFERENCE PREVIEW MEET:

12. Aramis Knox/Cuesta (SLOHS) 21:40 .. 30. Kobi Kelly 22:35/Cuesta (SLOHS). (114 finishers)

PISMO BEACH, OCTOBER 1 - JUDKINS MOUNTAIN GOAT RUNS:

5th/6th Grade Boys (28 finishers) - 3. Luke Reiss 7:05. **7th Grade Girls** (28 finishers) - 1. Serena Stamford/Laguna 8:44.

8th Grade Boys (80 finishers) - 2. Aiden Stamfords/Laguna 7:41 .. 4. Kameron Schmidt/Atas. 8:00 .. 19. Ved Kenjale/LOMS 8:40.
8th Grade Girls (46 finishers) - 14. Coco Steel/Laguna 10:26 .. 25. Tasha Steinmaus/Laguna 11:37. - / Tim Cano / -

SAN DIEGO, OCTOBER 1 - CUYAMACA 100K (at Rancho State Park - 168 starters, 131 finishers):

5. Thomas Reiss 10:52:56 .. 47. Brian Ivie/Paso Robles 14:26:20 .. 63. Brent Vanderhoof 15:05:40. (This was the first race for Thomas following a long recovery from hip surgery. Thomas, the club record holder for the American River 50 Mile and Western States 100 Mile, was paced for the last part of the race by Jadd Martinez, second on the SLDC WS 100 list.)

PALO ALTO, OCTOBER 1 - STANFORD CROSS COUNTRY INVITATIONAL

Division 4 Boys		Division 4 Girls		Men's 8K (173 finishers)	
12. Matt White	16:17	15. Samantha Simard	19:08	29. Austin Lay/UCSB (Morro Bay HS)	24:25
42. Jacob Andeatta	16:54	39. Alexi Steinmaus	19:52	47. Matt Kwitkowski/Fresno St. (Paso HS)	24:42
49. Aaron Bloom	17:01	51. Elena Grant	20:15	148. Taylor Castanon/SLOMD (SLDC)	27:05
63. Garron Knox	17:10	74. Jenna Girouard	20:51		
72. Colton Campa	17:17	89. Kate Miller	21:10		
74. Matthew Scurreia (225 runners)	17:19	115. Elena Kraemer (193 runners)	21:50	Seeded HS Boys (178 runners)	
				3. Callum Bolger/San Luis Obispo HS	14:54
				- / www.trackandfieldnews.com / -	

MANHATTAN BEACH, OCTOBER 1 - MANHATTAN BEACH HOMETOWN 10K (3,338 finishers): -

SLDC = 2333. Charlie Trenbeth 70:03. **Others** - 2. David Cardona (ex-Cal Poly) 31:53 .. 388. Patrick Nagle/SLO 48:07.

CAPITOLA, OCTOBER 1 - MERMAID SPRINT TRIATHLON (139 finishers) - 14. Andrea Lueker (1-50+) 1:24:34. (Andrea also participated in the Breath of Life Triathlon in Ventura in June, placing 60th overall and 2nd in her age division in 1:22:06, and another triathlon in Santa Cruz in August where she was 16th out of 100+ females and first in her age division in 1:22:54.)

SACRAMENTO, OCTOBER 1 - CAPITOL CROSS COUNTRY CHALLENGE:

Men's 8K (173 finishers) - 10. Connor Fisher/Chico State (Cuesta) 24:09 .. 23. Williams Ernst/Cal Baptist (SLOHS) 24:33.

LA MIRADA, OCTOBER 1 - S.C.I.A.C. MULTI-DUALS: Men's 8K - 87. John Nichols/Redlands (AGHS) 29:37.

Women's 6K (114 finishers) - 5. Malea Martin/Claremont (SLOHS) 22:02 .. 52. Jenny Grady/CMS (SLOHS) 24:46.

SANTA MARGARITA, OCTOBER 1 - DICK BRUG ATASCADERO HS CROSS COUNTRY INVITATIONAL

Frosh/Soph Boys		J.V. Girls (85 runners)		Small School Varsity Boys	
5. Antonio DaSilva	18:25	20. Kathryn ZagRodny	25:44	7. Tegan Fleishman	18:11
41. Mason Ritterbuck	20:14			11. Cooper Lyle	18:20
55. Erik Pascual	20:49			12. Cole Bumen	18:21
96. Carson Opheim (121 runners)	24:01	4. Kaysha Dreier	21:55	28. Stephen ZagRodny	19:03
		8. Karla Pascual	22:25	29. John Polvi	19:03
		13. Hannah Haas	23:19	36. Jacob Scurreia (51 runners)	20:21
J.V. Boys (94 runners)		22. Shilu Vanasupa (45 runners)	24:04		
35. Andrew Medlock	21:27			- / From Dave Fleishman / -	

CORNING, NEW YORK, OCTOBER 2 - WINEGLASS MARATHON (1,918 finishers): 1079. Aileen Cota 4:34:15. This was Aileen's 50th career marathon, the 8th this year and 4th within a 66 second range. It came in celebration of her 50th birthday.

SAN JOSE, OCTOBER 2 - SAN JOSE ROCK & ROLL 10K AND HALF MARATHON:

10K - 708. Julie Escobedo 61:56. **Half Marathon** (7500 runners) - 253. Matt Escobedo 1:33:34 .. 258. Matthew Shuck 1:34:00.

SAN FRANCISCO, OCTOBER 7 - SAN FRANCISCO STATE INVITATIONAL (at Golden Gate Park):

Men's 8K (109 finishers) - 20. Daniel Tull/Humboldt State (Atascadero HS) 26:26. - / www.directathletics.com / -

RIVERSIDE, OCTOBER 7 - CAL BAPTIST INVITATIONAL: Men's 8K - 10. William Ernst/Cal Baptist 25:41.

SAN LUIS OBISPO, OCTOBER 7 - TOUR DE CUESTA (at the Fairbanks course): 4. Aarmis Knox/Cuesta 22:08. (71 finishers)

JAMESTOWN, NORTH DAKOTA, OCTOBER 7 - JIMMIE INVITATIONAL (at the Hillcrest Golf Course):

dropped off. Past the six mile mark, Hall could not hang on and Tuliamuk, Hasay, and Jorgensen were the top three. Hasay and Tuliamuk then picked up the pace and pulled away. With half a mile to go, Hasay put in a surge and charged up the final hill on her way to the victory as well as the equalizer bonus for having held off Chelanga. Hasay's winning time of 52:49 put her 12 seconds up on Tuliamuk, who held on for a runner-up finish while Jorgensen finished third in 53:13 and Hall fourth in 53:33.

SANTA BARBARA, OCTOBER 16 - CANCER CENTER 5K RUN/WALK (758 participants): 55. Ralph Wright (3rd-60+) 30:23.

CAMBRIDGE, ENGLAND, OCTOBER 16 - MUSCULAR DYSTROPHY TOWN & GOWN 10K: Molly Wyer/Arroyo Grande 55:00.

NIPOMO, OCTOBER 18 - MESA MIDDLE SCHOOL CROSS COUNTRY CHALLENGE (at Nipomo Regional Park):

7th Grade Boys (142 finishers) - 23. Luke Reiss/Teach 7:56 .. 133. Jake Polvi/Laguna 11:47.

8th Grade Girls (54 finishers) - 14. Coco Steel/Laguna 8:57 .. 41. Tasha Steinmaus/Laguna 10:40.

8th Grade Boys (103 finishers) - 1. Aiden Stamford/Laguna 6:54 .. 24. Dylan Reiss/Laguna 7:47 .. 33. Ved Kenjale/Los Osos Middle School 8:03. - / Results from Joe Dansby / -

OXNARD, OCTOBER 21 - WESTERN STATES CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 4 Mile (114 finishers) - 15. Aramis Knox/Cuesta (SLOHS, SLDC) 21:44 .. 37. Kobi Kelly/Cuesta (SLOHS, SLDC) 22:31.

WALNUT, OCTOBER 21 - MT. SAN ANTONIO CROSS COUNTRY INVITATIONAL

Race #32 - Boys Varsity		Race #45 - Girls Varsity		Race #46 - Boys Varsity	
40. Tegan Fleishman	18:06	23. Samantha Simard	19:59	1. Callum Boger	15:31
Race #43 - Girls Jr. Var.		30. Alexi Steinmaus	20:32	8. Matt White	16:14
40. Shilu Vanasupa	23:50	52. Katsha Dreier	21:53	31. Aaron Bloom	16:56
Race #44 - Boys Jr. Var.		59. Jenna Girouard	22:12	36. Garron Knox	17:04
3. Antonio DaSilva	17:57	67. Kate Miller	22:49	53. Matthew Scurria	17:23
6. Cole Bumen	18:14			61. Jacob Andreatta	17:37
15. John Polvi	18:59		/ www.prepcaltrack.com /	82. Colton Campa	18:17

MARTINEZ, OCTOBER 22 - AGGIE CROSS COUNTRY (Pacific Association Grand Prix Series): Local & Cal Poly runners) -

Women (110 finishers)		Men's Open (66 runners)		11. Michael Johnson/SLO	22:03
7. Erin Tracht/SLO-Aggies	25:17	1. Philip Reid/ex-CP, Aggies	20:01	17. Sean Davidson/SLO, ex-CP	22:17
19. Jen DeRego (ex-Cal Poly)	26:37	2. Gordon Sturgess/Paso	20:03	19. Derek Thomas/SLO, ex-CP	22:20
23. Aeron Arlin Genet/ex-CP	26:51	3. Sergio Reyes/Los Osos	20:22	20. Connor Blalock/SLO, ex-CP	22:21
52. Kathleen Manning/ex-CP	28:54	4. David Cardona/ex-CP	20:46	37. Ben Walker/Atascadero	24:05
60. Jennifer Rubio/SLO-Aggies	29:34	6. Will Geiken/SLO-Aggies	20:59	- / www.pausatf.org / -	

VENTURA, OCTOBER 22 - LEXUS LACEUP HALF MARATHON (233 finishers):

60. Bill Schackart (1-65/69) 1:51:23 .. 158. Patsy Schackart (1F-65/69) 2:20:46.. . . From Bill - "Here are some results from today's Lexus Lace Up Half Marathon that Patsy and I ran in Ventura. The series is sponsored by Lexus and Saucony and there are races in Ventura, Palos Verdes, Irvine, and Riverside. There were about 800 runners between the three distance events. There was a 5K & 10K in addition to the half marathon, all of them starting at Surfers Point in Ventura, It was a very well organized race with plenty of volunteers, excellent traffic control, nice finishers medals, and running shirt. The post-race meal was at one of the food trucks and was included in the registration fee."



Bill & Patsy Schackart both placed first in their division at the half marathon in Ventura

ONTARIO, OCTOBER 22 - C.C.A.A. CONFERENCE CHAMPIONSHIPS: Men's 8K (89 finishers) -
 2. Connor Fisher/Chick State (Cuesta College) 24:36 .. 43. Daniel Tull/Humboldt State (Atascadero HS) 26:25.

HILO, HAWAII, OCTOBER 22 - PAC-WEST CROSS COUNTRY CHAMPIONSHIPS (106 finishers) -
 19. Williams Ernst/Cal Baptist (SLOHS, SLDC) 28:42. - / www.directathletics.com / -

SIOUX FALLS, SOUTH DAKOTA, OCTOBER 22 - N.S.I.C. CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:
Men's 8K (108 finishers) - 37. Joshua Ernst/MSU-Moorhead (SLOHS, SLDC) 25:44.

SAN LUIS OBISPO, OCTOBER 27 - S.L.O. COUNTY CROSS COUNTRY CHAMPIONSHIPS (at Laguna Lake Park)

Boys (207 finishers)

1. Callum Bolger	15:17	53. Antonio DaSilva	18:21	12. Talley Hill	20:34
2. Matt White	16:04	55. Max Beckius	18:32	17. Kate Miller	20:53
11. Aaron Bloom	16:50	63. Stephen ZagRodny	18:55	18. Kaysha Dreier	20:56
12. Jacob Andreatta	16:52	89. Michael DaSilva	19:48	32. Karla Pascual	21:53
18. Matt Scurria	17:04	102. Erik Pascual	20:00	36. Audrey McClish	22:08
22. Garron Knox	17:09	147. Andrew Medlock	21:28	41. Kendall Hamilton	22:24
35. Colton Campa	17:38	169. Carson Opheim	22:26	51. Tanvi Kenjale	23:15
39. Jacob Nichols	17:49			67. May Frye	24:09
43. Cooper Lyle	18:01			70. Shilu Vanasupa	24:15
47. Tegan Fleishman	18:09			80. Kathryn ZagRodny	24:32
48. Cole Bumen	18:10			116. Hannah Lykes	27:29

Girls (134 finishers)

4. Samantha Simard	19:15	80. Kathryn ZagRodny	24:32
7. Alexi Steinmaus	20:12	116. Hannah Lykes	27:29

KUNA, IDAHO, OCTOBER 28 - MOUNTAIN WEST CROSS COUNTRY CHAMPIONSHIPS (hosted by Boise State University):

Men's 8K (66 runners) - 5. Jacob Bilvado/Air Force 24:12 .. 44. Noah Riley/USAF 25:24 .. 48. Matt Kwiatkowski/Fresno State (Paso Robles High School) 25:31. Jacob is from Visalia and has been a four time entrant at SLDC's Stride With The Tide 5K in Pismo Beach. He was 14th in 2011 at age 14, 2nd in 2012, 2nd again in 2013, and came back to win and set a course record in 2016. Noah Riley was visiting Jacob during the summer and also ran at Pismo Beach this year, placing third.

CLAREMONT, OCTOBER 29 - S.C.I.A.C. CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 8K (134 runners) - 62. John Nichols/Redlands (AGHS, SLDC) 28:47. **Women's 6K** (119 runners) - 5. Malea Martin/ Claremont-Mudd-Scripps (SLOHS, SLDC) 23:36 .. 60. Jennifer Grady/Claremont (SLOHS, SLDC) 26:59. - / Direct Athletics / -

LUBBOCK, TEXAS, OCTOBER 29 - BIG 12 CONFERENCE CROSS COUNTRY CHAMPIONSHIPS (90 runners):

Women's 6K -26. Savannah Camacho/Oklahoma State (Templeton HS, SLDC) 21:36.

SANTA CRUZ, OCTOBER 29 - BANANA SLUG INVITATIONAL: Women's 6K - 1. Shannon McClish/UCSC (MBHS) 22:11.

HONOLULU, HAWAII, OCTOBER 29 - BIG WEST CONFERENCE CROSS COUNTRY CHAMPIONSHIPS:

Men's 8K (63 finishers): 17. Austin Lay/U.C. Santa Barbara (Morro Bay HS) 25:45. - / Direct Athletics / -

HEALDSBURG, OCTOBER 28 - WINE COUNTRY HALF MARATHON (1300 runners): 1. Sergio Reyes (ex-Cuesta) 1:07:15

WASHINGTON, D.C., OCTOBER 30 - MARINE CORPS MARATHON: 1153. Geof Chiapella 3:39:32. (This is a new club record for the District of Columbia. The old mark was 4:34:15 by Kent Butler in 1990 and the women's record is 4:01:03 set by Aileen Cota in 2013, both at the Marine Corps race.)

LOS OSOS, OCTOBER 30 - BAYWOOD OKTOBERFEST FOUR MILE

1. Daniel Van Beurden/L.O.	20:42	17. Gene Richardson	29:13	79. Charlie Trenbeth	42:49
2. Greg Scott/S.L.O.	21:01	25. Samantha Mauro	31:36	83. Renee Silvers	44:12
3. Thomas Reiss/1st-SLDC	23:39	49. Pam Mauro/Hawaii	36:55	84. Neil Silvers	44:13
5. Carin van Gaale/L.O./1-F	25:56	52. Dane Jones	37:46	91. Elsey Ruane/9	47:29
9. Luke Reiss/11	27:07	56. Sauk David	38:04	(117 finishers)	
10. Adam Basch	27:31	59. Gene Heyer	38:25		
12. Matt Ruane	27:47	63. Ralph Wright	39:37	- / www.phototiming.com / -	

PASO ROBLES, OCTOBER 30 - HARVEST 5K & HALF MARATHON

5K (163 finishers)		Half Marathon		37. Kelly Wangard	1:47:59
1. Pepe Gonzalez	17:12	11. Mathew Shuck/1-SLDC	1:34:06	51. Troy Rudman	1:51:45
130. Chris Shuck	43:39	25. Susan McAdoo/1F-SLDC	1:45:51	99. Emily Coombes	2:03:27