

**STRIDE WITH THE TIDE 5K RESULTS – JULY 23, 2016
PISMO BEACH, CALIFORNIA**

1.	Jacob Bilvado, Visalia	19	15:36	61.	Steve Dabill, Templeton	66	22:09
2.	Evert Silva, Fresno	16	15:41	62.	Gene Richardson, Los Osos	51	22:12
3.	Noah Riley, USAF, CO	19	15:49	63.	Jeff Reynolds, Shell Beach	50	22:20
4.	Edgar Bonilla, King City	19	15:59	64.	Joakim Ryen, Norway	16	22:24
5.	Karl Schmidt, SLO	22	16:40	65.	Avery Francisco, Santa Maria	14	22:58
6.	Jesus Campos, Fresno	31	17:00	66.	Gabriela Jiminez, Fresno	15F	23:05
7.	Jarsen Singh, Grover Beach	19	17:09	67.	Cassandra Grossman, Pismo Beach	52F	23:22
8.	Ricardo Lizardi, King City	18	17:27	68.	Phil Phillips, Pismo Beach	29	23:34
9.	Steven Youngblood, Santa Maria	23	17:33	69.	Jose Flores, Fresno	15	23:44
10.	Spencer Eley, Pismo Beach	16	17:43	70.	Lise Skovbo, Santa Maria	35F	23:47
11.	Jesus Arulos, King City	17	17:50	71.	Anne Skovbo, Santa Maria	35F	23:49
12.	Victor Hurtado, Santa Maria	35	18:00	72.	William Meyer, Nipomo	10	23:49
13.	John Gutierrez, Santa Maria	16	18:04	73.	Brian Emerson, Arroyo Grande	27	23:50
14.	Luis Meza, Greenfield	15	18:15	74.	Andrea Pasillas, Santa Maria	16F	23:50
15.	Steve Berrus, Rexburg, ID	36	18:19	75.	Susana Vazquez, Santa Maria	17F	23:59
16.	Oscar Valdes, Carmel	26	18:25	76.	Adam Lee, Arroyo Grande	36	24:11
17.	Williams Ordaz, King City	19	18:32	77.	John Tiffin, Los Osos	70!	24:15
18.	Ben Gimlin, Visalia	33	18:49	78.	Jody Lombard, Las Vegas, NV	56F	24:22
19.	Sergio Juracuaro, Santa Maria	14	18:50	79.	Richard Garcia, Lodi	50	24:25
20.	Gregory Wuitschick, Lompoc	15	18:52	80.	Goku Rivas, Santa Maria	14	24:25
21.	Isaiah Martinez, Fresno	16	18:52	81.	Sean Wiere, Pismo Beach	21	24:32
22.	No Card	---	18:58	82.	Yolanda Lin, SLO	26F	24:41
23.	Eduardo Orozco, King City	18	19:06	83.	Braden Kaplan, Arroyo Grande	11	24:46
24.	Johnathan Barajas, Fresno	15	19:07	84.	Nicko Inay	14	24:50
25.	Trevor Meding, Red Deer, AB, Can.	35	19:20	85.	Ty Jones, Arroyo Grande	10	24:52
26.	Antonio daSilva, SLO	15	19:24	86.	Milagros Ortega, King City	16F	24:53
27.	Brandon Letarian, Santa Maria	15	19:31	87.	Y. Fletcher, Bakersfield	19F	24:55
28.	Cristian Leija, Fresno	17	19:33	88.	Angelane Tovar, Santa Maria	16F	25:00
29.	Zac Castro, Santa Maria	16	19:34	89.	Ernie Zappacosta, Pismo Beach	43	25:12
30.	Junior Jimenez, Santa Maria	30	19:37	90.	Shawn Kananu, Arroyo Grande	33	25:21
31.	Chocolate Pridgen, Fresno	17	19:40	91.	Summer Servin, Pismo Beach	10F	25:29
32.	Jonathan	13	19:49	92.	Paul Cavanagh, King City	54	25:37
33.	Ben Certain, Fresno	27	19:52	93.	Josel Real, Paso Robles	25	25:41
34.	David Hernandez-Piñon, Santa Maria	17	19:58	94.	Jackson Sharar	10	25:58
35.	Raul Montellano	16	20:02	95.	Cristian Muñoz, Grover Beach	11	26:00
36.	Ullses Alonso, Santa Maria	30	20:13	96.	Jack Canigiala, Shell Beach	10	26:04
37.	Fabian Garcia, Fresno	17	20:15	97.	Keirah Delgado, Bakersfield	31F	26:04
38.	Alyssa Block, Lindsay	19F	20:20	98.	Nina Patrick, San Francisco	28F	26:07
39.	Evan Sharpshair, Simi Valley	23	20:23	99.	Lincoln Reynolds, Shell Beach	11	26:13
40.	Arabella Edler, Arroyo Grande	13F	20:24	100.	Heather Yamamoto	37F	26:26
41.	Taylor Jones, Arroyo Grande	11F	20:25	101.	Erik Howell, Pismo Beach	49	26:27
42.	Daniel Jansen, SLO	51	20:28	102.	Owen Carter, Arroyo Grande	8	26:27
43.	Esteban Deniz, King City	15	20:33	103.	Nathan Carter, Arroyo Grande	40	26:29
44.	Evan Kimura, Visalia	19	20:36	104.	Novalee Vasquez, Fresno	15F	26:32
45.	Jeffrey Sklar, Pismo Beach	44	20:39	105.	Kirn Renna, Roseville	36F	26:36
46.	Matthew Shuck, Atascadero	31	20:50	106.	Charles Dellinger, SLO	36	26:39
47.	Derek Lakowske, Avila Beach	20	20:55	107.	Michele Marceleno, Santa Maria	16F	26:39
48.	Edgar Rodriguez, Santa Maria	17	21:01	108.	Aiden Charles Dellinger, SLO	8	26:40
49.	Brett Osterfeld, SLO	50	21:04	109.	Shayna Levy, Santa Maria	19F	26:40
50.	Thomas Simoneau, Paso Robles	14	21:07	110.	Jorge Garcia, Fresno	16	26:43
51.	Robin Schwartz, SLO	40F	21:08	111.	Paul Foutz, Paso Robles	38	26:46
52.	Kevin Gonzalez-Medina, Santa Maria	15	21:08	112.	Erich Gross, Santa Maria	71	26:55
53.	Kristin Edler, Arroyo Grande	42F	21:11	113.	Ashley Morse, Santa Maria	20F	27:02
54.	Coker Ellsworth, Arroyo Grande	63	21:14	114.	Jonathan Miranda, Oceano	26	27:14
55.	Paul Barr, SLO	33	21:25	115.	Michelle Olayo, Santa Maria	15F	27:20
56.	Ricardo Ruelas, King City	16	21:29	116.	Margarito Frial, Santa Maria	35	27:24
57.	Emanuel Tarog, SLO	30	21:50	117.	Anna-Mari Servin, Pismo Beach	12F	27:25
58.	Chris Bertilecchi, Arroyo Grande	30	22:02	118.	No Card	---	27:26
59.	Julian Alvino, Fresno	15	22:03	119.	Mia Levy, Orcutt	20F	27:31
60.	Dylan Curtis, Fresno	27	22:06	120.	Mary Kauffmann, Pismo Beach	51F	27:55

121.	Wendy Weiss, Pismo Beach	49F	27:58	186.	Catherine Olmstead, Atascadero	---	33:07
122.	Ken Berckes, Bakersfield	59	28:05	187.	Jenny Olmstead, Atascadero	35F	33:07
123.	Susanna Real, Paso Robles	25F	28:11	188.	Joseph D. Ross, Lindsay	30	33:11
124.	Julian Mares, Santa Maria	15	28:13	189.	Niko Hadden, Nipomo	51	33:15
125.	Nathaly Blais, Paso Robles	40F	28:25	190.	Chase Paul Hedden, Nipomo	10	33:15
126.	Jason, Arroyo Grande	29	28:31	191.	Erin Gracie, Santa Maria	31F	33:16
127.	Tricia Witt, Pismo Beach	60F	28:34	192.	Larry Huyok, Lompoc	71	33:17
128.	Daniel Muñoz, Grover Beach	9	28:37	193.	Cale Park, Santa Maria	30	33:18
129.	No Card	---	28:38	194.	Karyn Klatt, Clovis	48F	33:22
130.	Teresa Hernandez	32F	28:48	195.	Paul Hernandez	58	33:26
131.	Allison McClain, Pismo Beach	42F	28:51	196.	Lino Rico, Oceano	53	33:30
132.	Eli Weller	9	28:56	197.	Alyssa Dazo, Santa Maria	19F	33:31
133.	Cherry Inay, Santa Maria	17F	29:03	198.	David Dantzer, Santa Maria	76	33:39
134.	Ramona Capen, Santa Maria	42F	29:03	199.	Fran Zimmerman, Lompoc	67F	33:46
135.	Vladimir Rosales, Santa Maria	13	29:07	200.	Sandra Fontes, Santa Maria	30F	33:50
136.	Sara Grossman, Arroyo Grande	26F	29:09	201.	Patsy Schackart, Santa Maria	66F	34:11
137.	Ashley Bartlett, Salida	13F	29:10	202.	Mike Andrews, Oceano	50	34:13
138.	JR Begley, Vail, AZ	58	29:27	203.	Nick Fox, Grover Beach	26	34:16
139.	Kayli Ellis, Fresno	26F	29:35	204.	Brianne Barrus, Clovis	14F	34:36
140.	Shannon Foutz, Paso Robles	33F	29:35	205.	Hudson Reynolds, Shell Beach	13	34:50
141.	Laurel Posey, Grover Beach	58F	29:39	206.	Rick Veen, Grover Beach	67	35:00
142.	Brian Jensen, Pismo Beach	45	29:41	207.	Natalie Tovar, Santa Maria	14F	35:04
143.	Christie Osborne, Pismo Beach	13F	29:43	208.	Diana Curtis, Clovis	61F	35:04
144.	Unidentified	---	29:44	209.	Mary Sandoval, Arroyo Grande	54F	35:08
145.	Stephanie Hernandez, Santa Maria	39F	30:02	210.	Ruby Barrus, Rexburg, ID	11F	35:12
146.	Daniel Marriott, Oceano	41	30:15	211.	Beth Laurent, New Franken, WI	29F	35:23
147.	Kylie Eyzendooren, Upland	12F	30:25	212.	Justine Cerri, Oak Park	25F	35:33
148.	Vincent Eyzendooren, Upland	34	30:27	213.	Catie Holsonbake, Bakersfield	34F	35:34
149.	Kevin Cynher, Hurricane, UT	20	30:34	214.	Alyssa Camacho, Dinuba	25F	36:02
150.	Oceane Simoneau, Paso Robles	10F	30:39	215.	Ron Levy, Orcutt	61	36:06
151.	Parker Ellis, Visalia	11	30:41	216.	Marge Milosavic, Pismo Beach	63F	36:09
152.	Justin Johnson, Perrysburg, OH	39	30:45	217.	Laura M., Bermuda Dunes	61F	36:12
153.	Angie Weller	38F	30:53	218.	Gonzalo Martonou, San Luis Obispo	31	36:44
154.	Trisha Maring, Tulare	47F	30:58	219.	Jennifer Morse, Santa Maria	44F	36:44
155.	Elmer V., Santa Maria	13	31:01	220.	Lauren Tutzavex, Palm Springs	34F	36:50
156.	Darius Rike, Marina	49	31:04	221.	Tali Kisenge	12	37:05
157.	Tiffany Grossman, Merced	37F	31:09	222.	Steve Boueve, Hanford	34	38:00
158.	Alex Madrigal	51	31:15	223.	Leah, Madera	11F	38:28
159.	Baleigh Fox, Grover Beach	25F	31:18	224.	Mel Malilay, Santa Maria	33	38:31
160.	Jennifer Castaneda	32F	31:27	225.	Brianna Daniels, Santa Maria	39F	38:38
161.	Cindy Allen,	52F	31:28	226.	Cat Park, Santa Maria	50F	38:39
162.	Alex Cervi, Arroyo Grande	26	31:31	227.	Breanna Vauter, Simi Valley	20F	38:42
163.	Cherrity Holmes, Bakersfield	25F	31:33	228.	Lesla Larson, Lompoc	56F	38:46
164.	Aidan Cline, Bakersfield	13	31:35	229.	Kim Mason	62	39:01
165.	Julie Linde, Wilton	38F	31:44	230.	Maribet Mason	53F	39:01
166.	Madeline Sapigao, Laguna Hills	25F	31:46	231.	Lana Croshier, Paso Robles	31F	39:02
167.	Rob G., Pismo Beach	46	31:47	232.	Stephanie Wilson, Arroyo Grande	42F	39:03
168.	Wilhelmiina Huotari, Buffalo, MN	11F	31:48	233.	Chris George, Dinuba	66	39:12
169.	Petra Huotari, Buffalo, MN	9F	31:48	234.	Marty McConnell, Fresno	52F	39:44
170.	Barbara Egar, Shell Beach	55F	31:52	235.	Tom McConnell, Fresno	54	39:45
171.	Cindy Huotari, Buffalo, MN	37F	31:55	236.	Amelie Siess, Switzerland	17F	39:59
172.	Brian Huotari, Buffalo, MN	38	31:55	237.	Fabrice Siess, Switzerland	50	40:05
173.	Chantal Donahue, Cambria	50F	31:57	238.	Kerrie Gosranien, Visalia	45F	40:15
174.	Andrea LaRosa, SLO	38F	32:16	239.	Mikki Martinez, Fresno	50F	40:54
175.	Tim Gilbride, Grover Beach	52	32:20	240.	Unidentified	---	40:55
176.	Stacie Sharar, Modesto	41F	32:24	241.	Elizabeth D., Madera	9F	41:23
177.	Samuel Degatoff, Madera	12	32:27	242.	Kathy Berckes, Bakersfield	60F	41:24
178.	Lauren Ofstad, Pismo Beach	29F	32:36	243.	Christine Servins-Miranda, Pismo Bch	32F	41:29
179.	Makai Loren, Fresno	11	32:41	244.	Debbie Esters, Visalia	61F	41:40
180.	Ellis	33F	32:41	245.	Neil Schwartz, San Luis Obispo	8	41:48
181.	Patrick Ellis, Madera	42	32:41	246.	Kim Cooper	43F	42:15
182.	McCarthy	8	32:42	247.	Erin Consorti, Santa Maria	36F	42:23
183.	Max Meyer, Nipomo	52	32:55	248.	Karen Townsend, Arroyo Grande	58F	42:23
184.	Amanda Berry, Morro Bay	29F	32:58	249.	Luz Maria Cabrul, Santa Maria	36F	42:35
185.	Audrey Garcia, Lodi	14F	33:04	250.	Sophia Tovar, Santa Maria	16F	42:46

251.	Jovany Gonzalez, Santa Maria	16	42:46	291.	Matt Steel	60	51:48
252.	Lisa Morales, Santa Maria	47F	42:52	292.	Zach Herring, Clovis	19	52:28
253.	Alexandria Morales, Santa Maria	24F	42:53	293.	Amanda, Thousand Oaks	36F	52:29
254.	Toni Taboada, Lodi	60F	43:05	294.	Reagan Sharar, Modesto	9F	52:29
255.	D. B. Exeter	18	43:37	295.	Haley Vawter, Three Rivers	12F	52:39
256.	Priscilla B. Lindsay	18F	43:39	296.	Meg Gostanian, Visalia	13F	52:54
257.	Amanda Peterson, Fresno	46F	44:34	297.	Molly Gostanian, Visalia	18F	52:58
258.	Steven Downum, Grover Beach	6	44:35	298.	Taffi Duran, San Luis Obispo	55F	53:21
259.	Kari Downum, Grover Beach	34F	44:36	299.	Unidentified	---	53:22
260.	Stephen George, Sultana	69	44:45	300.	Lisa Vawter, Three Rivers	44F	53:49
261.	Jennifer Pico, Visalia	35F	45:20	301.	Steve Bennett, Three Rivers	69	53:49
262.	Steve Alva, Visalia	43	45:22	302.	Nicole Marlin, Visalia	43F	53:59
263.	Gerry Shea, San Luis Obispo	68	45:41	303.	Tracy Del Rio, Arroyo Grande	51F	54:00
264.	Faith Block, Lindsay	12F	46:01	304.	Heidi Wilson, Pismo Beach	59F	54:58
265.	Jerry Lopez, Visalia	41	47:25	305.	Lisa Rike, Marina	50F	54:59
266.	Delma Lopez, Visalia	42F	47:26	306.	Kathy Thomson, Pismo Beach	57F	55:08
267.	Diane DiBesto, Shell Beach	52F	47:34	307.	Martina MacLean, Arroyo Grande	51F	55:16
268.	Mary McGrath, Elk Grove	60F	47:35	308.	Carson Weller	11	55:30
269.	Amanda Martinon, San Luis Obispo	28F	47:42	309.	Jamie Gratiot, Orcutt	8	55:35
270.	Phyllis Sproul, Shell Beach	68F	48:09	310.	Jenny Gratiot, Orcutt	44F	55:52
271.	Vivian Meyer, Nipomo	12F	48:09	311.	Angie Giese, Oceano	---	55:52
272.	Vanesse Veen, Grover Beach	63F	48:10	312.	Rose Sapigao, Laguna Hills	56F	57:01
273.	Giovanna Schaefer, Grover Beach	81F	48:15	313.	Lucy Simola, Templeton	71F	57:36
274.	Karen Meyer, Nipomo	51F	48:50	314.	Elaine Silveria, Milpitas	59F	58:36
275.	Deanne Hadden, Nipomo	46F	48:52	315.	Sheila Gardner, El Paso, TX	69F	60:12
276.	Ed Sapigao, Laguna Hills	56	49:00	316.	Kelly Stone, Coalinga	51F	60:14
277.	Kari Olafsson, Pismo Beach	48F	49:07	317.	Lisa Ehrnman, Santa Maria	41F	60:15
278.	Lori Lemina, Pismo Beach	51F	49:07	318.	Julie Shaefer, Fairborn, Ohio	41F	61:57
279.	Paula Renner, Arroyo Grande	54F	49:11	319.	Michael Cerri, Bakersfield	64	62:30
280.	Marcos A., Arroyo Grande	44	49:21	320.	Jessica Mendoza, Costa Mesa	25F	62:31
281.	Raquel Arellano	7F	49:22	321.	Sean Sapigao, Laguna Hills	31	62:32
282.	Joan Capponcelli, Paso Robles	61F	49:32	322.	Jackie Sapigao, Laguna Hills	27F	62:32
283.	No Card	---	49:53	323.	Glenn Giese, Oceano	58	64:49
284.	Tracy Chitwood, Pismo Beach	49F	50:13	324.	Judy George, Dinuba	64F	65:35
285.	Cathy King, Valencia	58F	50:23	325.	Bette George, Sultana	68F	65:35
286.	Christa Stefori, Arroyo Grande	68F	50:41				
287.	Unidentified	---	50:42				
288.	Michelle Pumarejo, Clovis	44F	51:42				
289.	Cindy Bigalk, Clovis	47F	51:46				
290.	Zachary Reer, Thousand Oaks	9	51:47				

A great turnout with runners from throughout California along with Arizona, Colorado, Idaho, Minnesota, Nevada, Ohio, Texas, Utah, & Wisconsin as well as Canada, Norway, & Switzerland. Winner Jacob Bilvado's time was a new course record. Jacob has run here twice before, finishing 14th in 2011 in 18:45 and 2nd in 2012 (17:21). Other notable entrants on hand were previous winners Edgar Bonilla of King City (2014 & 2015) and Taylor Jones of Arroyo Grande (2015). Sixth place finisher Jesus Campos is primarily a marathoner whose races last year included a win at Modesto, second place at Two Cities in Fresno, a 2:29 at Chicago, and a 2:30 at Boston.

If you finished in the top three of your division (see the awards table below) and did not receive your medal at the awards ceremony, please contact the City of Pismo Beach Recreation Division. Apologies for any misspelled names - we did the best we could with the cards. See you next year!

San Luis Distance Club Race Officials

Kevin & Mary Cooper, Aileen Cota, Dave Dunbar, Field Gibson, Heidi Harrison, Dan Jansen, Deborah Jeffrey, Cyndy Lakowske, George McClintock, Marion McKenna, Clem Michel, Janet Norem, Laurel Posey, Kathy Pycior, Gene & Tina Richardson, Elaine & Stan Rosenfield, Bill & Patsy Schackart, Robin Schwartz, Paul Shires, Chris & Matthew Shuck, Neil Silvers, & Lee Whitmer,

Thanks to Colleen Ghiglia, Jessica Marsalek, Bonnie Pack, and Rachel DuVal of the City of Pismo Beach Recreation Department as well as the city's Public Works Department for all their work on behalf of the race and to ROAD ID for their donation of race numbers and gift certificates.

AWARDS

MEN

WOMEN

	First Place Overall	O/A Place		First Place Overall	O/A Place
1.	Jacob Bilvado, Visalia	1	1.	Akyssa Block/Lindsay	38
	First place SLDC			First place SLDC	
	Dan Jansen/San Luis Obispo	42		Robin Schwartz/San Luis Obispo	51
	Age Group 12 & Under			Age Group 12 & Under	
1.	William Meyer/Nipomo	72	1.	Taylor Jones/Arroyo Grande	41
2.	Braden Kaplan/Arroyo Grande	83	2.	Summer Servin/Pismo Beach	91
3.	Ty Jones/Arroyo Grande	85	3.	Anna Marie Servin	104
	Age Group 13-15			Age Group 13-15	
1.	Luis Meza/Greenfield	2	1.	Arabella Edito/Arroyo Grande	40
2.	Sergio Juraveiro/Santa Maria	19	2.	Gabriella Jimenez/Fresno	66
3.	Gregory Wuitschick/Lompoc	20	3.	Novalee Vasquez/Fresno	104
	Age Group 16-19			Age Group 16-19	
1.	Evert Silva/Fresno	2	1.	Andrea Pasillas/Santa Maria	74
2.	Noah Riley/Colorado Springs, CO	3	2.	Susana Vasquez/Santa Maria	75
3.	Edgar Bonilla/King City	4	3.	Milagros Ortega/King City	86
	Age Group 20-29			Age Group 20-29	
1.	Karl Schmidt/San Luis Obispo	5	1.	Yolanda Lin/San Luis Obispo	82
2.	Steven Youngblood/Santa Maria	9	2.	Nina Patrick/San Francisco	98
3.	Oscar Valdes/Carmel	16	3.	Ashley Moore/Santa Maria	113
	Age Group 30-39			Age Group 30-39	
1.	Jesus Campos/Fresno	6	1.	Lise Skovbo/Santa Maria	70
2.	Victor Hurtado/Santa Maria	12	2.	Anne Skivbo/Santa Maria	71
3.	Steve Berrus/Rexburg, Idaho	15	3.	Keirah Delgado/Bakersfield	97
	Age Group 40-49			Age Group 40-49	
1.	Jeff Sklra/Pismo Beach	45	1.	Robin Schwartz/San Luis Obispo	51
2.	Ernie Zappacosta/Pismo Beach	89	2.	Kristin Eller/Arroyo Grande	53
3.	Erik Howell/Pismo Beach	101	3.	Wendy Weiss/Pismo Beach	121
	Age Group 50-59			Age Group 50-59	
1.	Dan Jansen/San Luis Obispo	42	1.	Cassandra Grossman/Pismo Beach	67
2.	Brett Osterfeld/San Luis Obispo	49	2.	Mary Kaufman/Pismo Beach	120
3.	Gene Richardson/Los Osos	62	3.	Laurel Posey/Grover Beach	141
	Age Group 60-69			Age Group 60-69	
1.	Coker Ellsworth/Arroyo Grande	54	1.	Tricia Witt/Pismo Beach	127
2.	Steve Dabill/Templeton	61	2.	Patsy Schackart/Santa Maria	201
3.	Rick Veen/Grover Beach	206	3.	Diana Curtis/Clovis	208
	Age Group 70-79			Age Group 70-79	
1.	John Tiffin/Los Osos	77	1.	Lucy Simola/Templeton	313
2.	Erich Gross/Santa Maria	112	2.		
3.	Larry Huyck/Lompoc	192	3.		
	Age Group 80+			Age Group 80+	
1.	No entries		1.	Giovanna Schaefer/Grover Beach	273