

**** RESULTS ****

LAKE NACIMIENTO, MAY 1 - WILDFLOWER TRIATHLON (Olympic Distance, 500+ competitors):
65. Frank Wyer (1-20/24) 2:56:28 .. 170. Walid Neaz 3:16:50. - / www.eternaltiming.com / -

LINCOLN, NEBRASKA, MAY 1 - LINCOLN MARATHON (1,062 finishers): 1. Eric Noel/San Luis Obispo-Asics Aggies 2:25:00.

PHILADELPHIA, PENNSYLVANIA, MAY 1 - PENN RELAYS: - / From Track & Field News / -
Distance Medley Relay - 2. Oklahoma State 11:17.94 (opening 1200M leg by Savannah Camacho in 3:31.00).

MCFARLAND, MAY 1 - 1ST ANNUAL MACFARLAND USA HALF MARATHON:

Bill Schackart 1:49:28 (2nd-60/69) .. Patsy Schackart 3:00:16 (2F-60/69) . . . From Bill - "The course was four 5K loops through vineyards, orchards, and the streets that were used for the running scenes in the movie McFarland USA. The final .8 miles was run through the high school grounds, around the track and then to the finish line. I met several members of the 1987 McFarland championship cross country team and their coach, Jim White. Patsy and I had a fun time in a very friendly atmosphere. The race director, the McFarland Police Department, and all the volunteers did a great job for an inaugural race."



McFarland coach Jim White & Bill Schackart



The famed mural from the "McFarland" movie

ATASCADERO, MAY 5 - PAC-8 LEAGUE TRACK & FIELD CHAMPIONSHIPS

| | | | | | |
|------------------------------|---------|------------------------------|----------|------------------------------|----------|
| Varsity Girls 800 | | Varsity Girls 1600 | | Varsity Girls 3200 | |
| 3. Kate Miller | 2:24.63 | 7. Samantha Simard | 5:29.73 | 5. Hope Morgan | 11:53.96 |
| 4. Maddie Fletcher | 2:25.88 | | | 8. Jennifer Grady | 12:12.22 |
| Varsity Boys 800 | | Varsity Boys 1600 | | Varsity Boys 3200 | |
| 1. Callum Bolger | 1:56.18 | 1. Callum Bolger | 4:16.61 | 1. Callum Bolger | 9:18.30 |
| 6. Sam Kukol | 2:03.26 | 8. Tegan Fleishman | 4:36.96 | 6. Matt White | 9:58.85 |
| Frosh/Soph Girls 1600 | | Frosh/Soph Girls 1600 | | Frosh/Soph Girls 1600 | |
| 3. Karla Pascual | 5:57.52 | 4. Karla Pascual | 13:05.84 | 7. Jacob Emeterio | 10:01.36 |
| 11. Shilu Vanasupa | 6:30/03 | 6. Shilu Vanasupa | 13:34.34 | 10. Kobi Kelly | 10:15.57 |
| Frosh/Soph Boys 1600 | | Frosh/Soph Boys 3200 | | Frosh/Soph Boys 3200 | |
| 7. Aaron Bloom | 4:57.67 | 5. Aaron Bloom | 11:01.58 | 14. Tegan Fleishman | 10:33.39 |
| 11. Cole Bumen | 4:58.86 | 9. John Polvi | 11:18.67 | 18. Garron Knox | 10:35.41 |
| | | | | 27. Jacob Scurria | 11:30.52 |

/ Results by Doug Lynch,
www.phototiming.com /

EUGENE, OREGON, MAY 6 - OREGON TWILIGHT: 800M - 6. Jordan Hasay/Nike 2:11.00 .. **1500M** - 3. Jordan Hasay 4:16.67.

SANTA YNEZ, MAY 7 - SANTA BARBARA WINE COUNTRY HALF MARATHON (2,000+ participants):
1. Sergio Reyes (ex-Los Osos) 1:09:20 .. 3. Martin Hernandez/Templeton 1:15:03. - / www.svetiming.com / -

EAGLE ROCK, MAY 7 - OCCIDENTAL COLLEGE INVITATIONAL:

800 Meters (66 total finishers) - 17. Antonia Williams/SLO Middle Distance (ex-SLOHS) 2:07.29 .. 20. Shania Landen/SLOMD 2:07.58.

1500 Meters (Section #5) - 9. William Ernst/Cal Baptist (SLDC) 4:00.73 .. 10. Taylor Castanon/SLO Middle Distance (SLDC) 4:02.76.

5000 Meters (105 runners) - 12. Chris Frias/SLO-Aggies (ex-CP) 14:06.96 .. 26. Gordon Sturgess/Paso Robles-Aggies 14:25.42.

Steeplechase - 28. David Avila/Cal Lutheran (AGHS) 9:58.95. - / www.royalresults.com / -

FAYETTEVILLE, ARKANSAS, MAY 7 - ARKANSAS TWILIGHT: 800 Meters - 1. Savannah Camacho/Oklahoma State 2:05.73.

MORRO BAY, MAY 7 - MIRACLE MILES FOR KIDS 10K

| | | | | | |
|----------------------------|-------|-----------------------------|---------|--|-------|
| 1. Pepe Gonzalez | 36:32 | 142. David Jeffery | 56:58 | | |
| 4. Aidan Stamford/13 | 40:27 | 143. Molly Wyer | 56:59 | 13. Taylor Jones/A.G./11/1-F | 42:10 |
| 7. Chad Stamford/2-40+ | 41:03 | 176. Emily Coombes | 59:01 | 16. Carin Van Gaale/L.O./2-F | 43:30 |
| 18. Serena Stamford/11/2-F | 44:12 | 188. Christina Stamford | 59:43 | 25. Frank Hutchinson/2-60+ | 45:00 |
| 21. Matthew Shuck/3-30+ | 44:34 | 273. Denise Layaye | 64:39 | 52. Terry Bauer/S.L.O. | 49:00 |
| 31. Paul Lee | 46:13 | 283. Cornelius Pigott/3-70+ | 64:58 | 87. Kelly Resnick/Morro Bay | 52:42 |
| 33. Coker Ellsworth/2-60+ | 46:25 | 398. Angenette Tiffin | 72:26 | 291. Rhonda Crowfoot/M. Bay | 65:45 |
| 36. Michael Henzler | 46:48 | 399. John M. Tiffin | 72:26 | 319. Peter Romwall/Morro Bay | 67:18 |
| 46. Andrew Spiering | 48:28 | 503. Lorie Noble | 78:40 | (1,481 entrants) | |
| 67. Chris Haggie | 50:10 | 584. Chantal Donahue | 85:02 | www.eternaltiming.com | |
| 95. Rebecca Wyer | 53:35 | 789. Giovanna Schaefer | 1:46:42 | - / Photos below from Chantal Donahue / - | |
| 131. Chuck Crotser | 56:16 | | | | |



The Miracle Miles for Kids 10K from start to finish: Above - the starting area



Chantal Donahue gets ready



OK, we're almost through the rocks



More rocks but we're almost done (with these)
(A high tide led to five sets of rock crossings)



More rocks but I see the pier



We made it - the Miracle Miles for Kids 10K finish area

LILLEBAELT, DENMARK, MAY 7 - LILLEBAELT "ROCK THE BELLS" HALF MARATHON:

Bernadette Birdsong/USA-SLDC 2:06:27 (half marathon debut).

FREDERICTON, NEW BRUNSWICK, CANADA, MAY 8 - 38TH SCOTIA BANK FREDERICTON MARATHON (206 finishers):

20. Patrick Lemieux/USA-SLDC (2nd-50/59) 3:08:26.

LONG BEACH, MAY 13 & 14 - BIG WEST CONFERENCE TRACK & FIELD CHAMPIONSHIPS (at Jack Rose Stadium):

5,000 Meters - 1. Katie Izzo/Cal Poly 17:24.91 .. 2. Peyton Bilo/CP 17:30.66 .. 3. Christine Hoffman/U.C. Davis (SLOHS) 17:41.87.

10,000 Meters - 1. Peyton Bilo/Cal Poly 36:46.78 .. 2. Christine Hoffman/U. C. Davis 37:04.23.

SANTA BARBARA, MAY 14 - HARY MARRA MULTIS & LAST CHANCE NATIONALS (at Westmont College):

Men: 800M - 1. Derek Thomas (ex-Cal Poly) 1:49.74 .. 3. Aric Champagne (ex-CP) 1:51.08. **1500M** - 10. Taylor Castanon 4:06.68.

Women: 800M - 1. Hannah Edwards (ex-CP) 2:06.60 .. 2. Shania Landen/SLO 2:08.81 .. 3. Antonia Williams (ex-SLOHS) 2:07.00.

ORINDA, MAY 14 - RESERVOIR DOGS TRAIL HALF MARATHON (San Pablo Reservoir): 89. Laurel Posey (3F-50/59) 3:29:50.

FORT WORTH, TEXAS, MAY 14 - BIG 12 CONFERENCE TRACK & FIELD CHAMPIONSHIPS:

800 Meters - 7. Savannah Camacho/Oklahoma State (Templeton HS, SLDC) 2:08.40.

SANTA MARIA, MAY 14 - BULL CANYON RUNS

| | | | | | |
|---------------------------|-------|--------------------------------|----------------------------|----------------------------------|-------|
| 5K (288 finishers) | | | 10K (179 finishers) | | |
| 1. Ben Walker/Aggies | 17:20 | 37. Jim Batterson/2-60+ | 23:02 | 1. Steve Youngblood/S. Maria | 36:50 |
| 7. Stephen Wyr/1-SLDC | 18:39 | 40. Rebecca Wyr/1F-60+ | 23:35 | 6. Tracey Levey/1-F | 42:12 |
| 15. Kiana Kawatachi/1-F | 19:58 | 43. John Tiffin/1-65+ | 24:27 | 20. Bill Schackart/1-65+, 1-SLDC | 47:54 |
| 21. Coker Ellsworth/1-60+ | 21:27 | 45. Bill Americh/Solvang/1-70+ | 24:33 | 24. Dave Dunbar/2-60+ | 48:27 |
| 23. Linda Signal/1F-45+ | 21:45 | 81. Denise Layaye/1F-50+ | 28:02 | | |
| 31. Adolfo Lopez/1-55+ | 22:23 | 112. Patsy Schackart/2F-65+ | 30:45 | | |
| | | 124. Angenette Tiffin | 31:29 | | |

www.synergycracetiming.com
(Directed by Ken George)

LOS OLIVOS, MAY 14 - BORN TO RUN ULTRA TRAIL EXTRAVAGANZA (directed by Luis Escobar):

10 Mile (164 finishers) - 23. Michael Henzler 1:24:40. **30 Mile** (218 finishers) - 181. Alejandra Godinez 7:56:33.

100 Mile (34 finishers) - 4. Melissa Danehey (1-F) 22:49:11 (all-time SLDC women's 100 mile record - the old mark was 29:31:13 by Teri Rose at the Western States 100 in 1995) .. 32. Terry Wong 41:09:23. - / www.ultrasignup.com; www.allwedosirun.com /

NEW YORK CITY, MAY 14 - NYRR HEALTHY KIDNEY 10K (8,033 finishers): 11. Scott Bauhs/SLO (Asics Aggies) 30:53 (2-USA). Scott was beaten only by Ethiopians (6), Kenyans (2), and a New Zealander at this international prize money race. He has run (and won) many local races, including the Cuesta Cougar 5K, the Paso Robles Wine Country Half Marathon, and the Pozo 5K.

SAN FRANCISCO, MAY 15 - ZAPPO'S BAY TO BREAKERS CROSS CITY 12K:

22. Aggies Men's Centipede 40:22 (team included local runners Scott Bsuh, Sergio Reyes, Martin Hernandez, Gordon Sturgess, Philip Reid, Will Geiken, & Sean Davidson) .. 351. Aggies Women's Centipede 50:58 (team included local or former Cal Poly runners Katy Manning, Jennifer DeRego, Noreen Searls, & Erin Tracht) .. 7689. Doug Walton/SLDC 1:21:31.

PORTLAND, OREGON, MAY 15 - PORTLAND TWILIGHT: **800** - 17. Jordan Hasay/Nike 2:11.18; **1500** - 5. Jordan Hasay 4:17:98.

LOS ANGELES, MAY 20 - HOKA MIDDLE DISTANCE CLASSIC (at Occidental College):

Men's Steeplechase (Section #2) - 9. Ben Bruce/AZ (ex-Cal Poly) 8:50.16.

Women's 5000 Meters - 16. Jordan Hasay/Nike (Mission Prep, SLDC) 15:50.12.

SAN DIEGO, MAY 21 - CALIFORNIA STATE COMMUNITY COLLEGE TRACK & FIELD CHAMPIONSHIPS: Cuesta athletes -

Men: Steeplechase - 5. Sean McDermott 9:26.93. **5000 Meters** - 10. Sean McDermott 15:30.06.

Women: 1500M - 5. Miranda Daschian (ex-Atascadero HS) 4:42.44. **5000M** - 2. Madeline Ogle (ex-Morro Bay HS) 17:30.68.

CERRITOS, MAY 21 - C.I.F. SOUTHERN SECTION DIVISIONAL CHAMPIONSHIPS:

Division III Boys: 1600M - 1. Callum Bolger/SLOHS (SLDC) 4:13.38. **3200M** - 1. Callum Bolger 8:57.22 (fastest in all divisions).



Callum Bolger (#12) at the CIF Southern Section Championships
(photo by Mark Smith)

WALNUT CREEK, MAY 22 - PACIFIC ASSOCIATION GRAND PRIX SERIES 5K (227 finishers):

1. Chris Frias/SLO (ex-Cal Poly) 14:39 .. 5. Will Geiken/SLO (Aggies) 15:27 .. 6. Eric Noel/SLO (Aggies) 15:39 .. 9. Michael Coe/Palo Alto (ex-Cabrillo HS) 15:53 .. 18. Alan Jackson/Los Osos (3rd-40+) 16:21 .. 22. Connor Blalock/SLO (ex-CP) 16:39 .. 39. Antonio Arreola/San Jose (ex-SLOHS/Cal Poly/SLDC) 17:49 (3rd-50+). - / www.pausatf.org / -

CERRITOS, MAY 27 - C.I.F. SOUTHERN SECTION MASTERS CHAMPIONSHIPS: **3200** - 1. Callum Bolger/SLOHS 8:52.40.

LAWRENCE, KANSAS, MAY 28 - N.C.A.A. WESTERN REGIONALS (48 entrants per event, top 12 advance to nationals):

Men: Steeplechase: 47. Nick Woolf/Cal Poly 9:30.97. **5000M** - 27. Clayton Hutchins/CP 14:32 .. 41. Swarnjit Boyal/CP

15:19.

Women: 800M - 8. Savannah Camacho/Oklahoma State (Templeton HS) 2:06.37. **1500 Meters** - 25. Katie Izzo/Cal Poly 4:26.16.

5,000 Meters - 18. Peyton Bilo/Cal Poly 16:42.83. **10,000M** - 18. Christine Hoffman/U.C. Davis (SLOHS) 34:59.96.

CLOVIS, MAY 28 - CLOVIS MEMORIAL WEEKEND 5K (250 finishers): 60. Cornelius Pigott (1-70+) 25:30.

MORRO BAY, MAY 28 - BANDS ON THE RUN

| 5K (142 participants) | | 10K (92 finishers) | | Half Marathon (45 runners) | |
|------------------------------|-------|---------------------------|-------|-----------------------------------|-----------------------------|
| 37. Lorie Noble | 34:21 | 25. Teresa McClish | 53:57 | 7. Matthew Shuck | 1:48:52 |
| 38. Stan Rosenfield | 35:15 | 37. Denise Youngman | 57:53 | 8. Troy Schweitzer | 1:49:30 |
| 90. Charlie Unger | 49:07 | 40. Debbie Dorney | 58:50 | | |
| 91. Hannah Lykes | 49:50 | 56. Charlie Trenbeth | 70:19 | | - / synergyracetiming.com / |
| 105. Brandi Lykes | 53:59 | 71. Cantal Donahue | 79:12 | | |

OTTAWA, CANADA, MAY 29 - OTTAWA MARATHON (4,363 runners): 398. Patrick Lemieux/USA (SLDC) 3:17:49.

ARROYO GRANDE, MAY 29 - STRAWBERRY STAMPEDE

| 5K (256 finishers) | | 5K - Others | | 10K (137 finishers) | |
|----------------------------|-------|------------------------------|-------|----------------------------|-------|
| 1. Christian Ricketts/A.G. | 16:10 | 63. Trisha Coffey/A.G. | 26:38 | 18. Matthew Shuck/1st-SLDC | 45:43 |
| 14. Taylor Jones/11 (1-F) | 19:43 | 110. Chuck Fellows/A.G. | 29:48 | 26. Dave Dunbar | 47:21 |
| 22. Paul Shires/1st-SLDC | 21:57 | 145. Warren Sinsheimer/SLO | 33:00 | 29. Chuck Fiorentino | 47:49 |
| 70. Denise Youngman | 27:07 | 187. Julie Albano/Nipomo | 36:52 | 31. Bill Schackart | 48:05 |
| 71. Debbie Dorney | 27:09 | | | 32. Marian Fiorentino | 48:36 |
| 140. Patsy Schackart | 32:42 | | | 80. Cornelius Pigott | 58:18 |
| 147. Stan Rosenfield | 33:28 | | | 111. Renee Silvers | 66:56 |
| 209. Jeremy Perkins | 40:57 | 1. Francisco Mujica/S. Maria | 36:23 | 112. Neil Silvers | 66:57 |
| 222. Chris Shuck | 43:47 | 3. Kara (June) Thorne/1-F | 38:12 | 122. Sandie Cano | 69:46 |
| | | 6. Michelle Cavaletto/2-F | 40:33 | 136. Giovanna Schaefer | 90:31 |

- / Complete results are at www.eternaltiming.com / -

OJAI, MAY 29 - MOUNTAINS TO BEACH MARATHON & HALF MARATHON

| Half Marathon | | Marathon (2,052 fin.) | | Others | |
|---------------------------|---------|------------------------------|---------|-------------------------------|---------|
| 99. Michelle Haynes/2-50+ | 1:38:31 | 530. Susan McAdoo | 3:31:28 | 540. Tom Himmelrich/Atas. | 3:31:53 |
| 302. David Opheim | 1:52:14 | 861. Amy Parkinson | 3:46:52 | 594. Linda Signal/Santa Maria | 3:33:47 |
| 528. Heidi Harrison | 1:59:09 | 928. Alison Borgsmiller | 3:49:41 | 909. Russ Meznarich/Paso | 3:48:59 |
| 703. Linda Stimson | 2:08:56 | 1369. Aileen Cota | 4:12:46 | 1392. Leah Tanner/Atascadero | 4:14:17 |
| (1,418 finishers) | | 1417. Julie Opheim | 4:16:46 | 1393. Bob Tanner/Atascadero | 4:14:17 |

Susan's time was the fastest SLDC women's time so far in 2016 and a new women's club record for the Ojai race, both lowering her own previous best marks. Complete results are at www.svetiming.com.

S.L.D.C. ALL-TIME TOP TEN AT THE OJAI MARATHON

| | | | |
|--------------------------|---------|----------------------------|---------|
| 1. Patrick Connally/2011 | 3:12:46 | 6. Susan McAdoo/2014 | 3:37:18 |
| 2. Susan McAdoo/2016 | 3:31:28 | 7. Amy Parkinson/2014 | 3:46:48 |
| 3. Susan McAdoo/2015 | 3:34:20 | 8. Amy Parkinson/2016 | 3:46:52 |
| 4. Amy Parkinson/2015 | 3:37:09 | 9. Alison Borgsmiller/2016 | 3:49:41 |
| 5. Susan McAdoo/2013 | 3:37:18 | 10. Dave Dunbar/2015 | 3:52:14 |