

**** RACE RESULTS ****

SOLEDAD, AUGUST 1 - SALINAS VALLEY HALF MARATHON (956 finishers):

SLDC = 292. Aileen Cota 2:03:53 .. 516. Myrna Alvarez (4F-60+) 2:23:34 .. 727. Sara Alan 2:52:10.

Others - 3. Edgar Bonilla/18/King City 1:15:37 (Edgar is the 2014 & 2015 winner of SLDC's Stride with the Tide 5K in Pismo Beach) .. 27. Stephanie Hamm/Atascadero 1:27:04 (3-F) .. 670. Linda Stimson/SLO 2:41:17. - / www.svetiming.com / -

LOS OSOS, AUGUST 1 - MONTANA DE ORO TRAIL RUNS:

8K (33 finishers) - 3. Paul Lee 37:26. **12K** (43 finishers, none from SLDC).

25K (51 finishers) - 2. Mondo Espinoza 2:17:41 .. 32. Kymberly Fazzio 3:22:05 .. 46. Julie Opheim 4:10:13.

50K (20 finishers) - 11. Brent Vanderhoof 6:56:14 .. 19. Tina Smilkstein 8:43:18. - / www.pctrailruns.com / -

SANTA CRUZ, AUGUST 2 - SANTA CRUZ TRAIL 30K (at Henry Cowell Redwoods State Park):

48. Laurel Posey 4:53:18 .. 49. Ralph Wright 5:09:37. - / www.insidetrail.com / -

SANTA BARBARA, AUGUST 5 - NITE MOVES 5K (168 finishers): 123. Ralph Wright 29:18. - / www.active.com / -

PORTLAND, OREGON, AUGUST 8 - FLOTRACK SHOWDOWN: Masters Mile - 1. Adam DiVergilio (ex-SLOHS) 4:44.09.

LA MIRADA, AUGUST 8 - WET & WILD 5K (held at the La Mirada Regional Aquatic Center & Park; 1,040 finishers):

30. Robert Tiffin (2nd-25/29) 22:23 .. 39. John S. Tiffin (1st-30/34) 23:00 .. 58. John M. Tiffin (1st-65+) 24:08 .. 84. Peter Koontz 26:22 .. 111. Amy Tiffin (5th-25/29F) 28:20. **Teams** (50 five person teams): 3. Team Tiffin 2:04:15.

BELMONT, AUGUST 9 - CRYSTRAL SPRINGS TRAIL HALF MARATHON (149 finishers): 65. Anne Power 2:28:05 (4F-40/40).

SAN DIEGO, AUGUST 16 - AMERICA FINEST CITY HALF MARATHON (5,108 finishers):

3229. Joe Woods/Templeton-SLDC 2:33:08. - / www.runraceresults.com / -

SACRAMENTO, AUGUST 16 - GOLDEN ARCHES 5K (601 finishers): 23. John Tiffin (1st-65/69) 22:37.

GROVER BEACH, AUGUST 22 - STONE SOUP FESTIVAL DUNE RUNS

5K Run (50 finishers)	14. Charlie Trenbeth	34:11	10K Run (29 finishers)		
1. James Sever/Nipomo	18:24	16. Angenette Tiffin	34:24	1. Victor Hurtado/Santa Maria	42:25
2. Steve Dabill/1st-SLDC	23:12	36. Jeremy Perkins	45:32	2. Pepe Gonzalez/1st-SLDC	42:59
3. Paul Lee (1st-50/59)	23:28	39. Giovanna Schaefer	48:04	5. Taylor Jones/10/A.G. (1-F)	48:28
4. John S. Tiffin/La Habra	24:12			6. Matthew Shuck	52:53
5. John M. Tiffin/Los Osos	24:45	5K Walk (24 finishers)		8. Coker Ellsworth	53:49
6. Robert Tiffin/La Mirada	25:14	3. Stan Rosenfield	47:44		- / www.svetiming.com / -

SANTA ROSA, AUGUST 23 - THE SANTA ROSA 5K, HALF MARATHON, & MARATHON:

5K (808 finishers) - 33. Michael Banton/Templeton 22:18. **Half Marathon** (1,229 finishers) - 79. Sue O'Sullivan/Arroyo Grande (2F-50/54) 1:38:25 .. 193. Michael Lara/Santa Maria 1:48:53 .. 489. Jeff Cenoz/Grover Beach 2:06:20.

Marathon (1,424 finishers) - 1088. Dave Dunbar 4:39:08 (This is a new men's club record for the Santa Rosa Marathon - the old mark was set by Dave Bourne in 2009. The women's club record is 3:35:13 set by Tricia Atkins in 2011.) .. 1203. Heidi Harrison 4:54:47. (Both Heidi & Dave suffered falls while training in the week leading up to the marathon.)

SAN FRANCISCO, AUGUST 23 - THE SAN FRANCISCO GIANTS HALF MARATHON (3,483 finishers):

1305. Cornelius Pigott/Clovis-SLDC 2:12:37 (3rd-70/74). - / www.eternaltiming.com / -

SANTA CRUZ, AUGUST 23 - U. C. SANTA CRUZ CROSS COUNTRY CHALLENGE (Pacific Assn. USAT&F Grand Prix race)

Men's Open (43 finishers)	5. Sean Davidson/SLO-Aggies	21:11	Men's Masters (95 runners)		
1. Gordon Sturgess/Paso-Aggies	20:34	6. Aric Champagne/SLO-Aggies	21:25	12. Erich Ackermann/47 (ex-CP)	24:27
2. Jameson Mora/Paso-Aggies	20:38	9. Martin Hernandez/Templeton	21:52	Women (96 finishers)	
3. Scott Bauhs/SLO-Aggies	21:02	11. Eric Noel/SLO-Aggies	21:59	49. Heather Mora/Paso Robles	29:50

