

**STRIDE WITH THE TIDE 5K RESULTS – JULY 25, 2015
PISMO BEACH, CALIFORNIA**

1. Edgar Bonilla, King City	18	16:29	61. Phillip Macias, Bakersfield	29	26:47
2. Roman Munoz, King City	18	16:57	62. Sara Jan, Mountain View	20	26:48
3. Williams Ordaz, King City	18	17:07	63. Jenna Lau, Arcadia	20	26:49
4. Steven Youngblood, Santa Maria	22	17:22	64. Summer Servin, Pismo Beach	9	27:01
5. Jesus Avalos, King City	16	17:51	65. Hudson Reynolds, Shell Beach	12	27:28
6. Ricardo Zizardi, King City	17	17:58	66. Anna Mari Servin, Pismo Beach	11	27:30
7. Jose Morales, King City	30	18:08	67. Heather Knearam, Pismo Beach	30	27:36
8. Jason Flores, Cherry Valley	16	18:56	68. Cornelius Pigott, Clovis	72	27:47
9. Oscar Valdes, Seaside	25	19:08	69. Kiahna Lee Cutter, San Luis Obispo	39	28:07
10. Edgar Rodriguez, Santa Maria	16	19:34	70. Angeles Velasco, Santa Maria	66	28:13
11. Vincent Ketelaar, Pismo Beach	15	20:02	71. Denise Youngman, Los Osos	64	28:13
12. Raul Perez, King City	16	20:08	72. Ernesto Mendoza, Santa Maria	17	28:14
13. Jack Voigt, Lockwood	16	20:25	73. Robert Sullivan, Shell Beach	69	28:16
14. Eric Moe, Orcutt	46	20:29	74. Darrell Jan, Mountain View	59	28:28
15. Zac Castro, Santa Barbara	15	20:30	75. Debbie Dorney, Arroyo Grande	65	28:37
16. Taylor Jones, Arroyo Grande	10	20:32	76. Yadira Salgado, Santa Maria	17	28:41
17. Ricardo Ruelas, King City	15	21:18	77. Cara Leandra, Santa Margarita	53	28:55
18. Adolfo Lopez, Santa Maria	55	21:22	78. Paulette Wightman, Nipomo	59	28:58
19. Coker Ellsworth, Arroyo Grande	62	21:47	79. Unidentified	---	29:01
20. Kristin Elder, Arroyo Grande	41	22:19	80. Carlos Valdes	20	29:17
21. Carlos Garcia, Santa Maria	17	22:32	81. Richard Vana, San Jose	56	29:32
22. Carlos Aguilera, Santa Maria	16	22:33	82. Shannon Foutz, San Luis Obispo	32	29:37
23. Kristen Maves, Anchorage, AK	43	22:32	83. Frank Stolteflaut, Germany	57	29:45
24. Matthew Shuck, Atascadero	30	22:39	84. Unidentified	---	29:49
25. Eduardo Uribe, Santa Maria	16	22:45	85. Roberto Verganti, San Luis Obispo	51	29:51
26. Alinci Delabra, Santa Maria	16	22:46	86. Stephanie Smith, San Luis Obispo	52	30:12
27. David Hernandez-Pinon, Santa Maria	16	22:46	87. Peter Ognenoff, Pismo Beach	33	30:21
28. Paul Shires, Arroyo Grande	62	22:47	88. Jessica Martin, Bakersfield	30	30:24
29. Brandon Letarian, Santa Maria	14	22:51	89. Ferris Wightman, Eugene, OR	16	30:25
30. Anabella Edler, Arroyo Grande	12	22:53	90. Michelle Olayo, Santa Maria	14	30:59
31. Nathan Patterson, Dixon	30	22:59	91. Ashley Morse, Santa Maria	19	31:09
32. Paul Lee, Pismo Beach	54	23:17	92. Lynn Fiorentino, San Francisco	46	31:13
33. John Tiffin, Los Osos	69	23:17	93. Mayre Rosel, Fresno	26	31:38
34. Andrea Pasillas, Santa Maria	15	23:38	94. Jody Born, Porterville	30	31:49
35. Ashley Conklin, Atascadero	46	23:47	95. Angenette Tiffin, Los Osos	24	31:51
36. Richard Hummel, Bakersfield	35	23:48	96. Liz Holbrook, Newport	50	31:58
37. Diego Diaz, Oceano	10	23:57	97. Lindon Reynolds, Shell Beach	10	31:59
38. Brigitte Stolteflaut, Germany	53	24:41	98. Pete Ramirez, Visalia	57	32:04
39. Shaun Tucker, King City	14	24:46	99. Sierra Stockton, Porterville	19	32:06
40. Lexi Castillo, Santa Maria	17	24:53	100. Sarah Born, Porterville	40	32:08
41. Francisco Velasco, Santa Maria	40	24:56	101. Ashley Salida	12	32:13
42. Brooke Henrikson, Kingsburg	17	25:10	102. Carmen Baca, Porterville	26	32:17
43. Charles Dellinger, San Luis Obispo	55	25:12	103. Roger Wightman, Nipomo	58	32:24
44. Jaco Bruinaars, Netherlands	42	25:14	104. Laurel Posey, Grover Beach	57	32:28
45. Marian Fiorentino, Arroyo Grande	53	25:15	105. Ashley Patterson, Dixon	25	32:37
46. Sarah Canzonori, Folsom	16	25:18	106. Annie Koning, Yucaipa	19	32:40
47. Daniel Patterson, San Diego	30	25:20	107. Debbie Albert, Glendale, AZ	40	32:58
48. Aidan Dellinger, San Luis Obispo	7	25:26	108. Cindy Allen, Clovis	51	33:21
49. Jenny Olmstead, Atascadero	34	25:28	109. Heather Manuz, Taft	41	33:23
50. Julian Mares, Santa Maria	14	25:43	110. Lisa Thomas, Canyon Country	52	33:39
51. Ty Jones, Arroyo Grande	9	26:05	111. Brad Thomas, Canyon Country	55	33:40
52. Rollie Cavaletto, Nipomo	71	26:20	112. Richard Moreno, Nipomo	55	33:46
53. Paul Cavanagh, King City	53	26:21	113. Matt Kelley, Bakersfield	36	33:55
54. Sheri Gandi, Redlands	53	26:27	114. Stephanie Roth, Berkeley	33	34:10
55. Jessica Riga, San Luis Obispo	27	26:29	115. Isaiah Real, Santa Maria	13	34:24
56. Heather Yamamoto, Clovis	36	26:30	116. Marvin Buenning, Arroyo Grande	67	34:33
57. Bruce Weaver, Orcutt	54	26:35	117. Austin Berg, Indiana	18	34:39
58. Lucia Borbelyova, Pismo Beach	23	26:36	118. Valya Moreno, Nipomo	31	34:42
59. Heidi Koch, Arroyo Grande	42	26:46	119. Buddy Rodriguez, Nipomo	37	34:43
60. Cyndy Fee, Morro Bay	51	26:47	120. Joseph Moreno	35	34:44

121.	Renee Silvers, Arroyo Grande	57	34:47	158.	Owen Martin, Nipomo	27	48:59
122.	F. Van Sickle, Bakersfield	29	34:54	159.	Kianna, Santa Maria	7	49:10
123.	Patricia Patterson, San Diego	32	35:02	160.	Carlos Real, Santa Maria	55	49:16
124.	Brittney Hernandez, Louisville,	25	35:22	161.	Albert Baez, Ontario, CA	29	49:51
125.	Heather Cohn, Shell Beach	41	36:00	162.	Geoff Roberts, Valencia	67	49:56
126.	Tanyn Robinson, Arroyo Grande	31	36:02	163.	Nadia Baez, Ontario, CA	27	50:00
127.	Heidi Hochili, Pismo Beach	29	36:04	164.	Judi Wright, Atascadero	65	50:30
128.	Alex Madrigal, Santa Maria	50	36:25	165.	Enrique Mercado, Atascadero	70	50:31
129.	Sarah Rudd, Arroyo Grande	40	36:44	166.	Donna White, Santa Maria	68	51:04
130.	Lana Tucker, King City	45	36:57	167.	Dennis White, Santa Maria	71	51:05
131.	Rachel Cogley, Arroyo Grande	35	36:57	168.	Bill Atwood, Santa Paula	63	51:05
132.	Matilde, San Luis Obispo	13	37:55	169.	Audrey Youngblood, Santa Maria	14	51:13
133.	Mel Maliloy, Santa Maria	32	38:11	170.	Jouany Medina, Santa Maria	15	51:14
134.	Adriana Hier, Shell Beach	31	39:16	171.	Heidi Fiorentino, Fresno	50	51:16
135.	Kelsey Klatt, Clovis	24	40:27	172.	Jean Fiorentino, Arroyo Grande	59	51:17
136.	Karyn Klatt, Clovis	47	40:28	173.	Alexis Fiorentino, Fresno	19	51:19
137.	Eileen Hudson, Nipomo	44	40:42	174.	Siena Fiorentino, Arroyo Grande	17	51:20
138.	Jan Bloxham, Shell Beach	42	40:43	175.	Lucy Simola, Templeton	70	53:16
139.	Rodney Roller, Pismo Beach	48	41:06	176.	Michael Morgan, Buckeye, AZ	16	53:58
140.	Gina Fabela, Guadalupe	51	41:09	177.	Lauren Alvarado, Avila Beach	25	53:59
141.	Hans Raellnberger, Guadalupe	18	41:10	178.	Rebecca Fuller, Grover Beach	32	53:59
142.	Debbie Estus, Visalia	60	41:12	179.	Stephanie Valdez, Guadalupe	33	54:00
143.	Agness, San Luis Obispo	11	42:17	180.	Melanie Anderson, San Jose	51	54:52
144.	Delaney Phillips, Fresno	12	42:31	181.	Jeanne Brown, Pismo Beach	68	54:53
145.	Brian Phillips, Fresno	44	42:32	182.	Rosalinda Zepeda, Pismo Beach	61	55:13
146.	Dayne Jensen, Oxnard	53	43:07	183.	Matt Zepeda, Grover Beach	63	58:58
147.	Kim Cooper, Fresno	42	43:40	184.	Carlos Ostos, Arroyo Grande	55	58:59
148.	Brennen Acosta, Shell Beach	11	44:07	185.	Jack S.	10	59:58
149.	Cali, Porterville	13	45:01	186.	Amber Jones, Pismo Beach	40	59:59
150.	Carmen Roller, Pismo Beach	44	45:24	187.	Louie Hin, Santa Maria	62	63:08
151.	Amanda Peterson, Clovis	45	45:41	188.	Kanani Fonseca, Fremont	46	63:52
152.	Debbie Ale, Fremont	53	46:28	189.	Jillian Roth, Berkeley	33	63:53
153.	Francesca Piccual, San Luis Obispo	49	46:51	190.	Olga Hin, Santa Maria	59	64:56
154.	Alessandro V., San Luis Obispo	74	46:52	191.	Steve Hin, Shell Beach	40	64:57
155.	Trang Nguyen, Banning	48	47:17	192.	Kelly Stone, Coalinga	50	65:14
156.	David Whitney, Menifee	49	47:17	193.	Elaine Howard, Coalinga	51	65:14
157.	Lyzette Alberto, Nipomo	25	48:58				

If you finished in the top three of your division (see the awards table below) and did not receive your medal at the awards ceremony, please contact the City of Pismo Beach Recreation Division. Thanks to ROAD ID for their donation of race numbers. See you next year!

San Luis Distance Club Race Officials

Julie Bolger, Kevin & Mary Cooper, Janet Duke, Dave Dunbar, Cyndy Fee, Anthony Garcia, Heidi Harrison, David & Deborah Jeffrey, Adelaido Jimenez, Paul Lee, Adolfo Lopez, George McClintock, Marion McKenna, Clem Michel, Janet Norem, Laurel Posey, Kathy Pycior, Jessica Riga, Elaine & Stan Rosenfield, Paul Shires, Chris & Matthew Shuck, Neil & Renee Silvers, Prashant Srinivasan, Sue Waterbury, Lee Whitmer, & Bill Winstanley.

Thanks to Colleen Cashmore-Ghiglia, Jessica Marsalek, and the rest of the staff of the City of Pismo Beach Recreation Department as well as the city's Public Works Department for all their work on behalf of the race.

AWARDS

MEN

WOMEN

	First Place Overall	O/A Place		First Place Overall	O/A Place
1.	Edgar Bonilla, King City	1	1.	Taylor Jones, Arroyo Grande	16
	First place SLDC			First place SLDC	
	Adolfo Lopez, Santa Maria	18		Marian Fiorentino, Arroyo Grande	45
	Age Group 12 & Under			Age Group 12 & Under	
1.	Diego Diaz, Oceano	37	1.	Arabella Edler, Arroyo Grande	30
2.	Aidan Dellinger, San Luis Obispo	48	2.	Summer Servin, Pismo Beach	64
3.	Ty Jones, Arroyo Grande	51	3.	Anna Mari Servin, Pismo Beach	66
	Age Group 13-15			Age Group 13-15	
1.	Vincent Ketelaar, Pismo Beach	11	1.	Andrea Pasillas, Santa Maria	34
2.	Zac Castro, Santa Barbara	15	2.	Michelle Olayo, Santa Maria	90
3.	Ricardo Ruelas, King City	17	3.	Cali, Porterville	149
	Age Group 16-19			Age Group 16-19	
1.	Roman Munoz, King City	2	1.	Alina Delabra, Santa Maria	26
2.	Williams Ordaz, King City	3	2.	Lexi Castillo, Santa Maria	40
3.	Jesus Avalos, King City	5	3.	Brooke Henrikson, Kingsburg	42
	Age Group 20-29			Age Group 20-29	
1.	Steve Youngblood, Santa Maria	4	1.	Jessica Riga, San Luis Obispo	55
2.	Oscar Valdes, Seaside	9	2.	Lucia Borbelyova, Pismo Beach	58
3.	Phillip Macias, Bakersfield	61	3.	Sara Jan, Mountain View	62.
	Age Group 30-39			Age Group 30-39	
1.	Jose Marales, King City	7	1.	Jenny Olmstead, Atascadero	49
2.	Matthew Shuck, Atascadero	24	2.	Heather Yamamoto, Clovis	56
3.	Nathan Patterson, Dixon	31	3.	Heather Knearam, Pismo Beach	67
	Age Group 40-49			Age Group 40-49	
1.	Eric Moe, Orcutt	14	1.	Kristin Edler, Arroyo Grande	20
2.	Ashley Conklin, Atascadero	35	2.	Kristen Maves, Anchorage, Alaska	23
3.	Francisco Velasco, Santa Maria	41	3.	Heisdi KKoch, Arroyo Grande	59
	Age Group 50-59			Age Group 50-59	
1.	Adolfo Lopez, Santa Maria	18	1.	Brigitte Dtolleflaur, Germany	38
2.	Paul Lee/Pismo Beach	32	2.	Marian Fiorentino, Arroyo Grande	45
3.	Paul Cavanaugh/King City	53	3.	Sheri Gandi, Redlands	54
	Age Group 60-69			Age Group 60-69	
1.	Coker Ellsworth, Arroyo Grande	19	1.	Angeles Velasco, Santa Maria	70
2.	Paul Shires, Arroyo Grande	28	2.	Denise Youngman, Los Osos	71
3.	John Tiffin, Los Osos	33	3.	Debbie Dorney, Arroyo Grande	75
	Age Group 70-79			Age Group 70-79	
1.	Rollie Cavaletto, Nipomo	52	1.	Lucy Simola, Templeton	175
2.	Cornelius Pigott, Clovis	68	2.		
3.	Allesandro V., San Luis Obispo	154	3.		